NUTRITION & PHYSICAL ACTIVITY GOALS

1. INCREASE THE RETURN OF THE MEAL ELIGIBILITY APPLICATIONS
   • High Priority for School
   • Process Calendar
   • Remove Barriers

2. NUTRITION STANDARDS/HEALTHY FOOD CHOICES
   • Food
   • Beverage

3. IMPROVED MENU CHOICES
   • Improve Choices with Student Input
   • Minimize Processed Foods
   • California Grown Produce
   • Pleasant Eating Environment with Adequate Eating Time

4. NUTRITION EDUCATION
   • Consistent with Health Education Standards
   • Integrated into Overall Curriculum
   • Professional Development
   • Share Information with Families

5. OTHER FOOD SALES
   • Healthy Food Items or Non-food Fundraising Encouraged
   • Healthy Classroom Celebration
   • After School Programs Within District Nutrition Guidelines
   • Healthy Vending

6. INCREASE PHYSICAL ACTIVITY FOR STUDENTS
   • Consistent with Physical Education Standards
   • Integrated Across Curricula
   • Adequate Amount of Time for Physical Activity During School Day

7. PROGRAM IMPLEMENTATION AND EVALUATION
   • Data Collected Annually to Monitor Adherence
   • Reviewed by School Health Committee
   • Annual Report

8. COMMUNICATION
   • District Web Site
   • Promote Changes to Staff, Students, Parents and Community

FOR A COMPLETE COPY OF THE BOARD POLICY: CALL (626) 396-3600 EXT. 89372 OR VISIT WWW.PUSD.US