Digital Reputation Checklist

☐ **Search yourself online**
Type your name into multiple search engines. Don’t forget to check images, videos, and other categories.

☐ **Review your social media posts**
Remove and untag unwanted posts, photos, and videos.

☐ **Review who you follow and who follows you**
Be selective. Unfollow or block people or groups you no longer want to associate with.

☐ **Check your privacy settings**
Determine what you want to be public or private, whether that means individual posts or your whole account.

☐ **Think before you post**
Is this something you really want others to see or know about you? Remember, one post can impact your job, school, or personal relationships.

☐ **Accentuate the positive**
Interact with content that makes you feel good. Consider doing the same for others by posting uplifting stories, comments, and videos.

For more information:
[fosi.org/parenting](https://fosi.org/parenting)