



LOS ANGELES COUNTY
BIRTH TO KINDERGARTEN
TRANSITION SYSTEMS
ALIGNMENT FRAMEWORK

June 2022



School Readiness means

that children are ready for school,

families are ready to support

their children's learning,

and schools are ready for children.



Message from Debra Duardo, M.S.W., Ed.D., Superintendent Los Angeles County Office of Education

The Los Angeles County Birth to Kindergarten Transition Systems Alignment Framework was developed by a workgroup consisting of superintendents, principals, directors, early educators, kindergarten teachers, parents, and staff from the Los Angeles County Office of Education, California Department of Education, Office of Head Start, First 5 Los Angeles, Office for the Advancement of Early Care and Education, Parent Teacher Association (PTA), Baldwin Park USD, Garvey SD, Pomona USD, Child Care Resource Center, and the Campaign for Grade-Level Reading, in association with the Broad Academy fellowship.

In developing this framework, the workgroup's goal was twofold: (1) to provide a roadmap for school districts and early childhood programs in Los Angeles County to align their operating systems to better support a sustained and effective early learning to kindergarten transition system, and (2) to provide policies and practices that start at birth and continue through the transition into kindergarten.

The importance of quality early learning experiences is well documented. Children who attend high-quality early learning programs experience positive social-emotional, behavioral, and cognitive outcomes and are better prepared for success in elementary school. For those benefits to continue, we need to ensure there's a very personalized, warm handoff from one system to the next. We can't wait until high school or middle school to get them on the right path and ensure that their families have the supports and the resources they need. Linking the educational services provided by local educational agencies (LEAs) with those provided by early childhood education agencies is crucial to the success of our educational systems. We have to start now.

Continued success requires a sustainable system where all parties—early learning programs, kindergartens, administrators, teachers, staff, parents, children, community partners—buy in, engage, and feel supported. We need leaders to ensure expectations are clear, lines of communication remain open, and successful transition of children always remains and is recognized as a priority for all. We must work to ensure that our LEAs are ready to receive our children with universal design and supports for children and their families. We must act now.

Thanks to each of you who participated in making this framework happen. Your commitment will continue to resonate in the lives of our children, our families, and our communities for many years to come.

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INTRODUCTION AND BACKGROUND

Purpose of Developing a Framework

Children experience numerous transitions across programs/settings and systems from birth through kindergarten (see Figure 1). Children differ in terms of when they enter these systems—one child may not experience care from anyone other than their family/caregiver prior to kindergarten, whereas another child may enter infant care at just a few months old and continue to experience out-of-home care settings prior to kindergarten. The term "early learning" is used here to refer to any program or setting that provides infant care, toddler care, and/or preschool/transitional kindergarten (TK) for children from birth to kindergarten entry. These high-quality learning programs include those operated by Early Head Start; Head Start; family child care homes and family, friend, and neighbor care; private and state-funded child care centers; community-based organizations; and transitional kindergarten. Transitional Kindergarten although part of UPK, is a part of the K-12 public school system and provides four-year-old children access to early learning the year before kindergarten.



The developmental period of birth to age five is marked by significant shifts in children's brain development and learning across all domains of development. Children in this developmental stage learn best in relational, social settings with the support of a responsive and caring adult who supports their learning and encourages exploration through experience and play. Transitions during this period are critical opportunities to support children and families as they adjust to new expectations, settings, and people. The transitions that a child experiences over this continuum differ for each child but often include the transition from exclusively being cared for by family /caregivers to out-of-home care, as well as transitions between infant care, toddler care, preschool, transitional kindergarten, and kindergarten. Alignment between the systems that support children and families during this period can have a significant impact on how children and families experience these transitions and their eventual adjustment to elementary school overall.

The purpose of this framework is to provide a roadmap for school districts and early learning programs in Los Angeles (L.A.) County to align their operating systems so they better support a sustained and effective birth to kindergarten transition system, and policies and practices that start from the time the child is born through the period in which they move into kindergarten. While the goal is to include content that supports this entire continuum from birth to kindergarten, this framework was developed in stages, beginning with the transition from preschool into kindergarten, then toddlers into preschool, and finally birth into toddler settings/programs. The first edition of this framework focused on the transition into kindergarten and was released in September 2020. The second edition included additional content focusing on the transition from toddler care into preschool. This final edition addresses the important transitions that children and families experience from the time of birth until age five.

"I want my child to transition well and thrive in his new environment." - SPA 3: San Gabriel Valley parent

About This Framework

The Los Angeles County Office of Education (LACOE) hosted the county's first-ever Bridging Head Start to Kindergarten Transitions Symposium on June 1, 2019, which brought together parents, teachers, and administrators from Head Start and state preschool programs and elementary and charter schools across L.A. County. The purpose of the symposium was to begin a countywide dialogue between local elementary schools, early learning providers, and L.A. County Head Start grantees, focused on strengthening transitions from early learning¹ to the K-12 system for children, families, and schools.

L.A. County Transitions Workgroup Vision

All children and families in Los Angeles County experience seamless and supportive transitions from their early learning experiences through kindergarten.

With support from the Office of Head Start, California Department of Education (Early Education Division, and California Head Start State Collaboration Office), LACOE subsequently established the L.A. County Transitions Workgroup. The workgroup's goal was to develop a transitions framework to be used by Los Angeles County's school districts, charter schools, and all early learning providers. The foundation of transitions is readiness, whereby children are ready for school, families are ready to support their children's learning, and schools are ready to receive children.

¹Early learning is used here to refer to child development between the ages of birth to five.

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The workgroup consisted of superintendents, principals, directors, preschool/TK teachers, kindergarten teachers, parents, and staff from LACOE, California Department of Education (CDE), Office of Head Start, First 5 Los Angeles, County Office for the Advancement of Early Care and Education, Parent Teacher Association, Baldwin Park Unified School District, Pomona Unified School District, Garvey School District, the Child Care Resource Center, and the Campaign for Grade-Level Reading, in association with the Broad Academy fellowship. (See the Acknowledgments section for a list of workgroup members.)

To develop the first edition of this framework, the workgroup consulted with parents, teachers, staff, administrators, directors, principals, and superintendents from various early learning and preschool programs, kindergarten and elementary schools, and relevant community stakeholders through surveys, focus groups, and one-on-one interviews. The workgroup also closely reviewed transition recommendations from experts, including the Office of Head Start's Public Schools Collaboration Demonstration Project, *Transitions and Alignment from Preschool to Kindergarten* published by the Education Commission of the States in September 2018, and the *California Assembly Blue Ribbon Commission on Early Childhood Education Final Report* published in April 2019. The second edition was revised to be inclusive of the transition from toddler care into preschool and from preschool into kindergarten. This third edition, funded by Head Start, Early Head Start, and the CDE Preschool Development Grant-Renewal (PDG-R), addresses the important transitions that children and families experience from the time of birth until age five.

State and National Context

Recognizing the pivotal nature of early transitions, Congress has outlined precise expectations for both early learning and elementary school providers-close coordination, systematic procedures, ongoing communications, joint staff training, and family involvement-first in the Improving Head Start for School Readiness Act of 2007 (§ 642A) and again in the Every Student Succeeds Act of 2015 (§ 1120B).

More specifically, these two acts call for both local educational agencies (LEAs) and Head Start programs-and where possible other early learning providers-to jointly carry out activities that include developing and implementing a systematic procedure for receiving records; establishing channels of communication; conducting meetings involving parents, kindergarten or elementary school teachers, and Head Start teachers or, if appropriate, teachers from other early childhood development or early learning and care programs; organizing and participating in joint transitionrelated training of staff; and linking the educational services provided by LEAs with the services provided by local Head Start agencies and other early childhood development or early learning and care programs.

The State of California also incorporated transition activities into the Education Code (§ 8974): "School districts with early primary programs shall provide educational continuity from preschool through kindergarten and grades 1 to 3." This includes mandates to "establish connections with public preschool programs" and "promote joint activities for teachers and administrators of public preschool programs... in areas such as program planning and staff development training related to

developmentally appropriate curriculum and assessment practices for young children." In addition, pursuant to Education Code § 8235(a), part-day and full-day state preschool programs shall include "age and developmentally appropriate programs designed to facilitate the transition to kindergarten for three- and four-year-old children in educational development, health services, social services, nutritional services, parent education and parent participation, evaluation, and staff development." In school systems, the Local Control Funding Formula (LCFF) has specific resources to serve the needs of the whole child and support LEAs, schools, and families.² The funding plans and reports can provide early learning programs with the information they may want or need to work with their local planning efforts on how best to support transition.

RILEYCATRER





Alignment and Transitions from Early Learning Programs to Kindergarten

Sustaining Early Learning Gains

The importance of quality early learning experiences is well documented. Children who attend high-quality early learning programs experience positive social-emotional, behavioral, and cognitive outcomes and are better prepared for success in elementary school (Barnett, 2011; Burchinal, 2010). This is especially true for children from low-income families who are at greater risk of poor academic outcomes. Because of deep-rooted equity issues in communities and schools, low-income children of color fare significantly worse than their peers on measures of academic achievement and school adjustment throughout the school years (Brooks-Gunn, 2007). For these children, high-quality early learning experiences can be particularly important to support better attendance rates and test scores, reduced placement in special education, and grade retention through later years (Reynolds, 2007; Karoly, 2005).

Research has shown that gains from early learning programs can fade over time for some children (Lee & Loeb, 1995; U.S. Department of Health and Human Services, Administration for Children and Families, 2010). One reason for the "fade-out effect" is likely to be the lack of continuity and support as children transition from early learning programs through elementary school. Sustaining and building upon the progress children make in early learning programs

Creating a seamless system of education by aligning early childhood through third grade and developing effective transitions policies and practices is critical to ensuring children's early gains are sustained and economic and racial disparities are reduced. is critical to ensuring they succeed in school. Therefore, school readiness is grounded in providing children with the skills necessary for continuous success, including an environment that is supportive and ready to receive them and their families. Creating a seamless system of education by aligning early learning experiences through third grade and developing effective transitions policies and practices is critical to ensuring children's early gains are sustained and economic and racial disparities are reduced.

Early Learning through Third Grade Systems Alignment

A "system" is defined by Merriam-Webster as a "regularly interacting or interdependent group of items forming a unified whole." While this edition is focused on the transitions from birth to toddler care, toddler care to preschool/TK, and from preschool/TK to kindergarten, supporting transitions throughout a child's early years (birth through third grade) is critical to their long-term academic success. Early learning through third grade systems alignment—or efforts to create seamless learning and teaching experiences across settings and systems—involves coordination of standards, curricula, instructional practices, assessment of students' progress, and teachers' professional development across time and grade levels, as well as across levels within a system (e.g., classroom, school, district, state) (Valentino & Stipek, 2016). This alignment must be in place for transition practices and policies to be effective and sustainable.

CDE's P-3 Alignment is "designed to bring together stakeholders across systems to identify, develop, and implement policy and practice solutions focused on ensuring developmentally-informed, rigorous, and joyful learning experiences are available to all children across the preschool and early elementary years" (Preschool through Third Grade (P-3) Alignment, 2022). Similar to our approach to the Transition Framework, the P-3 Alignment is focused on a systems approach across the preschool to third grade

The diversity of California's Preschool/ TK system is both a strength, in terms of giving parents more options to best meet their needs, and a challenge, in terms of ensuring equal access to quality experiences that prepare young children for success in school. settings to align vertical and horizontal procedures and build coherence across grades.

This framework provides programs and schools with helpful ideas, examples, and resources to plan and implement transition strategies across the four subsystems essential for successful transitions: leadership/administrators, families, schools, and communities. With Los Angeles County Office of

Education as leader and initiator of a safe space for innovation, this framework was designed as a "continuum of support" model for children as well as a planning tool for practitioners.

Early learning through third grade systems alignment holds promise as an approach to sustaining the gains that young children acquire through their early learning experience. However, there are challenges to successful systems alignment, not the least of which is the complexity of the early learning system. The early learning "system" in California is a mixed-delivery system that includes child care centers (for-profit, not-for-profit, and school-based), care provided in private homes (including both licensed family child care and license-exempt family, friend, and neighbor care), and state and feder-ally funded programs like Head Start, Early Head Start, transitional kindergarten, and California State Preschool. The public education system is also an important part of the early learning system, providing school district-based preschool programs funded by federal Title I, Proposition 98 state preschool, and local school district funds. The diversity of California's early learning system is both a strength, in terms of giving parents more options to best meet their needs, and a challenge, in terms of ensuring equal access to quality experiences that prepare young children for success in school. These differences in quality across the various types of early learning programs/settings may translate to differences in how prepared children are for the transition to kindergarten.

Although both the early learning and elementary education systems provide quality care and education to young children, early learning is not typically seen as a part of our nation's public education system. However, with increased accountability placed on schools and teachers to show progress in third grade reading scores and ongoing concerns about persistent achievement gaps, schools are embracing the importance of early learning programs in preparing children for later school achievement. While there is a growing interest in better-connected systems for children, the differences between the early learning and K-12 school systems continue to pose a challenge to full systems alignment. The two systems differ in important ways, including teaching philosophy, expectations of children and parents, and policies and regulations.

The early learning system focuses on child-centered approaches to support multiple domains of development (e.g., social-emotional, cognitive, motor, behavioral). This teaching philosophy, referred to as Developmentally Appropriate Practice (DAP), is grounded in the science of child development and recognizes that there are individual differences in the timing of developmental milestones in young children, but that there is a predictable sequence to development (National Association for the Education of Young Children, 2009). DAP also recognizes that children reach developmental milestones at different points in time within each developmental domain. Children are viewed as naturally interested in learning and motivated to explore and interact with the world around them. It is recognized that play is central to that exploration and learning. The early educator's role is to engage children in authentic and meaningful learning experiences that are individualized to each child's interests, abilities, and learning styles.

"I know it's going to be different because [the teacher] is going to have a bigger class and more students. But I hope that I can still have some type of communication with her. I know they're really busy and so I won't be the mom everybody hates."

– SPA 3: San Gabriel Valley parent

In contrast, the K-12 school system has increasingly focused on standards, assessments, and accountability. This approach is grounded in the idea that children should learn a common set of skills and knowledge by specific ages and that teachers should provide learning experiences to facilitate that achievement. Between 1999 and 2011, there was a major shift in kindergarten teachers' expectations of children, characterized by a greater emphasis on academic learning, higher expectations for literacy and math, and the use of teacher-directed, rather than child-directed, instruction (Bassok, Latham & Rorem, 2016). For example, in 1999, 31 percent of teachers expected children to learn how to read by the end of kindergarten, whereas 12 years later that expectation increased to 80 percent. During this period, there were also significant reductions in the time spent on art, music, and science and a greater reliance on textbooks, worksheets, and workbooks in kindergarten. The cause for this shift is most commonly attributed to the heightened accountability pressures associated with the federal No Child Left Behind Act (NCLB). But other factors, such as the increase in the number of children enrolled in preschool and the corresponding increase in the incoming skills of kindergarten students, are also likely to have had an influence on kindergarten "becoming the new first grade" (Bassok, Latham & Rorem, 2016). Not only do these trends indicate a widening of the gap between preschool and elementary school expectations, teaching philosophy, and approach, but these changes also translate into children having increased difficulty transitioning into kindergarten. Efforts to bridge the gap between systems and ease this transition for children are more important now than ever before. LEAs must make themselves ready for the children they are receiving by implementing an aligned system of supports for preschool children and their families.

Importance of Successful Transitions from Birth to Kindergarten

Birth to age five is a distinct developmental period and is the time when foundations of school readiness begin. Children in this age range develop and learn through interactions with others (both adults and other children), as well as through exploring the world around them. Stable, nurturing, and sensitive relationships with significant adults are critical during this period. Transitions during this period often mean a shift in these relationships, like when a parent returns to work and the child must adjust to a new caregiver or when a child transitions from one age group to another within an out-of-home care setting. Because infants and toddlers depend on consistent and predictable routines to make them feel safe and secure, it is especially important to support children and families through these early transitions.

Infant Care to Toddler Care

To help us better understand why supporting infant and toddler transitions is imperative we must note that care outside the home is a reality for many families, and the older the children are it is more likely for them to be cared for in a center-based setting. Sosinky et al. (2016) in their research-to-practice debrief about relationship-based care practices, noted that:

Approximately half of all children under the age of three in the United States have a regular child care arrangement (nearly 44 percent of infants from birth to 12 months, 52 percent from 12 to 24 months, and 56 percent from 24 to 36 months; NSECE Project Team, 2015). The percentage of infants and toddlers in center-based care increases with age, with nearly 9 percent of infants from birth to



12 months, 13 percent of infants from 12 to 24 months, and 20 percent of toddlers 24 to 36 months of age in center-based care (NSECE Project Team, 2015). Research suggests high-quality care and learning programs that begin early in life have the potential to improve developmental outcomes.

Relationship-based care practices in early learning programs help support relationships between staff and the children in their care. At the core of relationship-based care practices are approaches that support families, teachers, and children as they build relationships with one another. Through these interactions, families, teachers, and children begin to understand one another's specific needs,

Nearly half of children have some challenge transitioning. teachers, and children begin to understand one another's specific needs, communication styles, and strengths. This individualized approach to working with each child and his or her family builds trust and creates a strong partnership between the caregiver and family and ensures that the child's needs are met. Relationships are critical for positive, healthy infant development and help provide a framework for exploration and future learning (Shonkoff & Phillips, 2000).

The first three years of life for infants and toddlers is filled with important milestones in physical development, language development, cognitive

"[I hope]... that the teacher has some kind of information about my child. Simple things. Personality, what they know, strengths, weaknesses."

– SPA 7: East parent

development, and social-emotional development. Alongside all the many milestones infants and toddlers go through, some also experience transition in who cares for them. Children go through the transition process in different ways and at their own pace (Recchia & Dvorakova, 2018). Families go through the same process; therefore, it is critical for caregivers to understand the emotional impact shared caregiving has on families and children.

Primary caregiving and continuity of care are two key approaches to relationship-based care in early learning programs. In a center-based infant and toddler program, for example, primary caregiving is the practice of assigning one teacher to a small group of infants or toddlers and giving that teacher the primary responsibility for those same children throughout the year. In a smaller home-based or family child care setting, primary caregiving is already a part of the model, since there are typically only one or two caregivers who have responsibility for a mixed-age group of children. Continuity of care is the practice of keeping children and their caregivers together for an extended period, even across classrooms and age groupings.

Young children develop in the context of their relationships with adults, so for infants who are in out-of-home care, a caring and trusting relationship with their caregiver is essential. Children form stronger and more secure attachments to adults who are consistently available to them and who are able to read their pre-verbal cues and respond sensitively to their needs (Raikes, 1996). This consistency in caregivers is important for young children, since repeated "detaching" and "re-attaching" to adults is emotionally stressful and can lead to challenges later in childhood (Howes & Hamiltion, 1992). Although the importance of sustained, reliable relationships within the family is well understood, the need for stable and predictable relationships in child care settings is acknowledged less frequently (Howes & Ritchie, 2002).

In order to build strong partnerships between families and caregivers in early education programs one of the main strategies is being able to engage in conversations that allow information to be shared mutually. Such conversations might take place during designated times like arrivals and departures. Allocating times for rich and genuine conversation to occur will allow for early childhood educators to learn about the children's home life, daily routine, and the family's overall lifestyle. As described by Be You, "transition policies support the development of trusting relationships with families and a child's transition experiences, especially a consistent teacher approach and dialogue between families and the teacher during transition times" (Transitions for babies and toddlers, n.d.).

"So I talked to him about going to kindergarten. He says he's scared. So, I try to do the same thing, to try to say it's going to be okay. And I have kids and friends just like him. It's just going to be a bigger class, bigger school. So, I just hope that he sees it like that. I just tell him it's going to be fun, just how it is here. So, you don't have to be scared about anything."

- SPA 4: Metropolitan Los Angeles parent

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Toddler Care to Preschool/TK

Toddler development is individual and embedded in the family and is supported by a range of highquality comprehensive services available to toddlers and their families. Toddlerhood is the time when foundations of school readiness begin and there are opportunities to support these early developing skills and abilities (perceptual, motor, and physical development, social and emotional development, language and communication, and cognition). Supporting school readiness during the infant/toddler period requires attention to all developmental domains.

Alignment from birth to kindergarten requires many parts working together to ensure a seamless system. This includes ensuring continuity in children's learning when they move from one age group to another within an early learning setting (e.g., toddler to preschool) as well as across settings (e.g., family child care to center-based care).

The transition from toddler to preschool programs can be eased when changes in arrangements are as infrequent as possible and when adults view transitions from the perspective of the child and based on the child's level of development, temperament, family, and cultural experiences. Consistency and continuity between the home and other settings can help young children adjust to developmental changes and to changes in care. Successful experiences during early transitions can increase a child's ability to adapt to change in the future and can provide a more secure base for the child's current development.

Preschool/TK to Kindergarten

The transition to kindergarten often means that children are leaving behind caring and trusting relationships with early educators and peers, as well as a familiar environment that allows for independent choice and is more play-based than the one they are entering. The transition to kindergarten means that children must adapt to a new environment full of new people, greater academic expectations, and a more complex social environment that includes older children from multiple grades. For children who are not in a formal early learning setting prior to kindergarten, the adjustment to kindergarten is even more profound. According to a study by the National Center for Early Development and Learning in which 3,600 kindergarten teachers were asked to assess children's adjustment to kindergarten, nearly half of children (48%) were perceived to have some challenges (Rimm-Kaufman, Pianta & Cox, 2000). The most common challenges that teachers observed in children were difficulty following directions, insufficient academic skills and knowledge, and difficulty working independently.

The transition to kindergarten requires adjustment for families as well. For those whose children participated in high-quality preschool, kindergarten can often mean less communication with teachers, less family support and connectedness with other parents, and new logistical challenges associated with a more defined daily schedule that often requires finding after-school care and transportation (Patton & Wang, 2012). Many parents have mixed feelings about their child's transition to kindergarten. Pianta and Kraft-Sayre (1999) conducted a study of parents' observations of their children's adjustment to kindergarten and found that just over half (53%) felt positive about the transition and over one-third (37%) had some anxiety about it. When asked about what they need to feel more comfortable with their child's transition to kindergarten, Wildenger and McIntyre (2010) found that over half the parents surveyed wanted more information about what was expected of their children in kindergarten and how their children's current skills align with those expectations.



(Rimm-Kaufman & Pianta, 2000)

Figure 2: Ecological and Dynamic Model of Transition³

Successful transition, including the transition from early learning settings to Preschool/TK and later transition to kindergarten, requires many parts working together to create a solid systems approach.

The Ecological and Dynamic Model of Transition (Rimm-Kaufman & Pianta, 2000) is a commonly used framework to describe the transition process and the importance of looking at transition from various perspectives in order to support children and families through transitions from birth to kindergarten. As depicted in Figure 2, this model acknowledges the importance of the interconnected and interdependent social contexts in which children develop, with the developing child at

the center, surrounded by the family, teachers, peers, and community. These relationships are critical in facilitating a smooth transition to kindergarten. The model includes five principles that outline critical features of effective transition practices: (1) foster relationships as resources; (2) promote continuity from preschool to kindergarten; (3) focus on family strengths; (4) tailor practices to individual needs; and (5) form collaborative relationships.

The principles emphasize the critical role of involving the family early and in a way that addresses individual families' needs and strengths, rather than relying solely on one-size-fits-all approaches like group orientations and informational flyers (Rimm-Kaufman & Pianta, 2000).

These principles matter in terms of both children's and parents' adjustment and outcomes. When schools implement effective transition practices such as having preschoolers visit kindergarten classrooms, sharing information with parents prior to program entry, and having teachers visit families at home, parents are more engaged and children show better outcomes. Using a nationally representative sample of children from the Early Childhood Longitudinal Study-Kindergarten sample (ECLS-K), researchers found that the number of transition practices implemented prior to kindergarten and during the fall of kindergarten was associated with more parent involvement in school and better academic outcomes for their children at the end of kindergarten (Little, Cohen-Vogel & Curran, 2016). These researchers also found that transition practices implemented in the preschool setting are associated with better social-emotional outcomes. Other research shows that children who attended preschool classrooms that implemented more transition practices were rated by kindergarten teachers as more socially competent and as having fewer behavioral issues (LoCasale-Crouch, Mashburn, Downer & Pianta, 2008). In both studies, the association between transition practices and positive outcomes was stronger for low-income children. Unfortunately, low-income children were also found to be less likely to attend preschools and schools that implemented transition practices (Shulting, Malone & Dodge, 2005; LoCasale-Crouch, Mashburn, Downer & Pianta, 2008).

³ Graphic source: National Center on Early Childhood Development, Teaching, and Learning (2020): Planning for the Transition to Kindergarten: Why It Matters and How to Promote Success.

Specialized Transition Supports

Some families, like those whose children have special needs, are dual language learners (DLL),⁴ in foster care, or have experienced trauma, may need specialized transition supports. A collaborative effort between parents, schools, and other institutions could aid in the development of a successful transition plan to meet the children's requirements by properly planning and preparing them for their academic future.



Children with Special Needs

The potential for early intervention services can make a significant difference in the lives of infants experiencing delays and disabilities, and in the lives of their families. The goal is to provide services that promote development in all areas during the all-important first three years of life so that the child will be better prepared to succeed in their next learning environment. Regional centers provide diagnosis and eligibility assessments, as well as assistance in planning, obtaining, coordinating, and monitoring services and support. The diagnostic and eligibility screening are free of charge. Infants and toddlers (ages 0 to 36 months) who are at risk of developing developmental disorders or who are experiencing developmental delays may also be eligible if they satisfy the requirements after a documented examination and assessment.

Infant and Toddler Services

Infants and toddlers who are receiving early intervention services through Early Start⁵ must be provided transition services from Regional Centers (RC) when they reach age three and are possibly no longer eligible for the program. (NOTE: Some children three and older can continue receiving services from Regional Centers if their disability is significant and meets RC criteria for the development of an Individualized Program Plan (IPP); these plans can be critical in the identification of adaptive equipment for the child to become more independent, such as wheelchairs or computers that speak. It is important that program staff work with the family early in the process of creating their Individualized Family Service Plan (IFSP) to prepare them for this transition to their next learning environment and make sure they are supported in identifying and connecting with the service options available for the child at age three (e.g., special education services through their local school district, community-based preschool programs, and other services in their community)(CA Dept. of Developmental Services & CA Dept. of Education, 2013).

⁴ Dual language learners (DLL) are young children aged birth to five learning two or more languages at the same time. English Language Learners (ELLs) are children five and older in the K–12 education system.

⁵ Early Start is California's early intervention program for infants and toddlers with disabilities and their families.

Preschool/TK and Kindergarten Services

While preschool-age children with special needs are often already receiving services from their local school district under Part B of the Individuals with Disabilities Education Act (IDEA) prior to kindergarten, the transition to kindergarten is also a major transition for these children and families. The transition may involve moving from part-day to full-day care or from one school to another and may also mean changes in that child's educational plan. Preschool-age children with special needs are supported by an Individualized Education Program (IEP) team that will conduct a thorough evaluation of the child and work with the family to determine the appropriate kindergarten setting for the child. This may include a mainstream or inclusion classroom, self-contained classroom, or placement in a specialized school that can best meet the needs of the child. The latter is the most restrictive of all education settings and is a last resort option for children three years and older.

IDEA provides early intervention and special education services to children through Parts B and C of the Act.

Part C services under IDEA include early intervention services for children birth through 36 months. Under Part C, early intervention services are provided through an Individualized Family Service Plan (IFSP) developed by the IFSP team, which includes parents and all providers working with the child and family.

California has established the Early Start early intervention services system under the California Early Intervention Services Act and IDEA Part C to support infants and toddlers with disabilities from birth to 36 months and their families.

Part B services under IDEA include special education and related services to support school-age children with disabilities from three through 21 years of age. Special education and related services are provided by school districts through an Individualized Education Program (IEP). An IEP is similar to an IFSP, but focuses on the child's goals rather than the family's goals.

It is critical for families and children served by Part B and Part C agencies to understand (1) the complexities associated with how determinations are made regarding eligibility for early intervention versus special education and related services; (2) transitioning is an activity supported by legislation and law; and (3) all children are ensured a Free and Appropriate Education (FAPE) in the least restrictive environment (LRE) when they meet criteria to receive special supports. Transition is a timed service that is driven by the family in collaboration with each Regional Center and Local Educational Agency (LEA). Legal requirements outline who must participate in the transition process to ensure a child's eligibility for services are adequately voiced and evaluated based on the identified needs of the child. These efforts are also impacted when children have other underlying conditions due to mental illness, health impairment, or trauma. It should be noted, however, that being a culturally and linguistically diverse (CLD) learner is not a disadvantage; rather, the agencies must adjust their assessment protocols and provide translation services to ensure a high-quality, culturally relevant evaluation to determine eligibility. Finally, these services must ensure the participation of parents and professional staff who can contribute to the successful transition of the child from the home or early learning setting to the preschool and/or K-12 education environment. It all begins and ends with solid and consistent communication and collaboration, established by law and regulations.

Dual Language Learners

Children whose home language is explicitly and systematically supported experience significant social, linguistic, cognitive, and cultural long-term benefits (National Academies of Sciences, Engineering, and Medicine, 2017). Therefore, it is critical that early learning providers and kindergarten teachers work with families to support the home language, as well as the acquisition of English.

For families of infant/toddler DLLs, school staff must create an environment in their programs and classrooms that is reflective of the family's language and culture. Staff must create a welcoming environment where families feel safe, comfortable, and welcomed. This is especially important for families of infant/toddler DLLs. Staff being open to learning about a family's language, culture, and parenting practices is essential to building a collaborative relationship that supports the infant or toddler's transition into the program. Understanding a family's caregiving practices or routines around feeding, napping, and diapering can help ease the transition for child, parents/guardians, and staff. For example, a staff member learning a few words or singing a song the child hears at home and then singing the song while putting an infant or toddler to sleep/rest gives the child the message that their home language is valued and at the same time soothes the infant or toddler and supports their social-emotional development.

Partnering with families is critical to a smooth transition to kindergarten, and even more so for the families of DLL children, as these families may have been born in a different country and may not be familiar with the U.S. school system. It is important for schools to establish a strong partnership with these families so that the child's unique talents, interests, and perspectives are fully understood and supported, even if the teacher does not speak the child's home language. Districts must also have a sound communication plan in place to address any language barriers that may exist.

"His facial expressions are awesome. Also, he's really good learning the dual language... we speak both English and Spanish here."

- SPA 3: San Gabriel Valley parent

To effectively support families through early transitions, school staff must understand and be able to articulate the benefits of supporting the child's home language and help families understand that the child's transition to proficient academic English may take up to five years (National Academies of Sciences, Engineering, and Medicine, 2017). Families of DLL children also need support in understanding how the child's new school will partner with them to make decisions about placement in a bilingual or English language learners (ELL) kindergarten. This information should be communicated in the family's home language. As the proportion of DLL children continues to increase and schools continue to recognize the long-term benefits of bilingualism, specialized supports for transitioning these children successfully into kindergarten need to become more prevalent.

Children Who Have Experienced Trauma

Children who have experienced trauma, homelessness, and/or involvement with the child welfare system may also need augmented and specialized transition supports. Because of the potential negative impact of adverse childhood experiences (ACEs) on children's development, these children are at particularly high risk for a range of negative outcomes across the lifespan. They often have difficulties with executive functioning skills, such as paying attention, starting tasks and staying focused, regulating emotions, and self-regulation, which are all critical skills for

kindergarten and later school success (Centers for Disease Control and Prevention, 2020). Specialized outreach and transition supports are particularly important for families whose children have experienced trauma. Partnerships between early learning settings, elementary schools, child welfare, and mental health services are needed to ensure that these children and families have the support they need.

Because of the potential negative impact of adverse childhood experiences (ACEs) on children's development, these children are at particularly high risk for a range of negative outcomes across the lifespan.

Young children recovering from trauma benefit from strong relationships with early learning professionals who are trained in trauma-informed care, which includes understanding the impact of trauma on young

children, effective strategies for identifying and addressing trauma, and how to help families access supportive community services. Children also benefit when their parents receive support, as parents whose physical, mental, and emotional needs are met are more able to provide sensitive care to their children. According to a report published by Child Trends, "A positive alliance between [early care and education] professionals and parents, in which staff recognize families' strengths and values, encourage families to participate in children's education, and engage family members in planning to make progress toward their goals, is essential to children's social-emotional well-being" (Bartlett, Smith, Bringewatt, 2017).

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Children in Foster Care

Children in foster care have more risk factors than children not in foster care, such as being lower income, having special needs, and living in geographically disadvantaged locations. In addition to lower socio-economic status, these children may face common transition issues and have overwhelming risk factors, such as being away from birth parent(s), unstable placements, lack of attachment, frequent relocations, and less-nurturing home environments, which usually bring feelings of confusion, worry, fear, sadness, and loss of control.

When children enter foster care, they may or may not will remain with their familiar care provider. Some foster children may enter an early learning program almost immediately after placement. Whether responding to the transition from the biological parents' home to a foster home, from foster home to foster home, or the changes accompanying reunification, those working in the child welfare system and early learning programs will benefit from understanding the effects of these transitions and the appropriate methods for facilitating them.

Early child care and education programs have the potential to play a supportive role in the lives of vulnerable children and families involved in the child welfare system. Child care subsidies can help low-income families to access these programs. Policymakers must ensure all families with young children have access to a variety of child care options that are stable, affordable, and foster children's healthy development. It is especially important to ensure that foster families, families experiencing poverty, and other families in circumstances of enhanced need or risk have comprehensive, supportive child care settings.

Current studies examine the use and stability of child care subsidies among children from families involved in the welfare system and an analysis of a large sample of low-income, urban children found that those enrolled in Head Start programs were less likely to have had a Child Welfare Services encounter at age 5 than children not receiving any ECE services (Zhai, Waldfogel, & Brooks-Gunn, 2013). A longitudinal follow-up study of several sites that were part of the Early Head Start Research and Evaluation Project (EHSREP), a randomized controlled trial of EHS, examined child welfare encounters from ages 0 to 13. The study found that children enrolled in EHS had significantly fewer child welfare encounters (e.g., a substantiated report of child maltreatment or an out-of-home placement due to child maltreatment) between ages 5 and

Early child care and education programs have the potential to play a supportive role in the lives of vulnerable children and families. 9 years than children who were not enrolled in EHS (Green et al., 2014). In addition, children enrolled in EHS were less likely to have multiple child welfare encounters, and EHS slowed the rate of subsequent encounters (Green et al., 2014).

Preschool-aged foster children face multiple risks for poor long-term outcomes. These risks appear to increase with the number of placement changes and individual unmet needs of each child. Within the child welfare system, primary focus has been on the health and safety of foster children. Early learning is all about preparing the child for school readiness and success in school, while ensuring that the developmental needs of each individual child are supported, and attention must be focused on early literacy, self-regulation, social-emotional competences, and successful development of preschoolers. Early learning programs can provide a place for families to access resources on child development—in particular, regarding adult-child interactions, building strong relationships and attachments, and responding to concerning behavior. It is the partnership of the early learning programs, child welfare professionals, and foster parents that supports and promotes the optimal child development and can serve to help the child gain a level of understanding about the changes that are about to take place.

To provide a successful transition into an early learning program, early learning professionals should actively partner with child welfare agencies to develop effective outreach and recruitment strategies and discussions, and address transition challenges and what effect transitions pose to young traumatized children in the child welfare system. When enrolling a foster child, a visit before the child attends helps to ease a smooth transition, as does sharing information with early learning staff about the need for extra support because the child is getting used to both home and child care. Being proactive in addressing challenges, especially for children, is critically important in helping the child to transition from one household to another and back again to their home or to yet another person.

Despite the research demonstrating that students of color, DLL/ELLs, and students who are more economically disadvantaged benefit the most from transition supports, schools that serve a greater proportion of these students are shown to provide fewer transition supports (Little, Cohen-Vogel & Curran, 2016).

Children who have special needs, who are dual language learners, or who have experienced trauma will need individualized supports to make birth to kindergarten transitions go smoothly. In the next section, data on the prevalence of transition practices in L.A. County school districts and early learning programs is presented, as well as data on parents' views on the transition from preschool to kindergarten and what supports they feel are most needed.



Transition Supports in Los Angeles County

The L.A. County Transitions Workgroup collected and reviewed data from key stakeholders, including parents, school administrators, and school staff, to gain a deeper understanding of current transition practices and the needs and desires of parents relative to supporting their children's transition from preschool/TK to kindergarten. The data collection initially included (1) a survey of school administrators and teachers and (2) empathy interviews with parents and parent focus groups. To support the development of the second edition of this framework, interviews with program administrators and supervisors who care for infants and toddlers were added. Below is a summary of the data as it relates to the survey, parent interviews and focus groups, and interviews with program administrators and supervisors.

Interviews with Infant/Toddler Care Administrators and Supervisors

To support the development of the second edition of this framework, in the late winter/early spring of 2021, an additional set of interviews was conducted with seven early learning administrators and supervisors who provide home-based and center-based early learning services for infants and toddlers to get an understanding of how these programs support children's transitions from toddler care into preschool. The interviews also asked administrators and supervisors to reflect on parents' experience with this transition. The feedback from these interviews was analyzed and organized according to the same three themes that were identified in parent interviews and focus groups: information sharing, relationship building, and individualized support. These key themes emerged that are critical in supporting successful transitions.

Information Sharing – Administrators noted that multiple family transition meetings were scheduled when children from infant/toddler early learning programs transitioned to a preschool/TK setting. In some instances, programs supported family transitions during parent conferences, and home visits were organized to discuss the individual needs and strengths of the children. Nearly all administrators and supervisors agreed that these opportunities to The survey found that 69% of respondents agreed they have a system in place for preschools to share child information with elementary schools and 52% of preschool teachers are visiting kindergarten classes, but more than half agreed that the systems do not align.

share information with families about children's strengths, interests, preferred ways of learning, and ways to support children's transition to preschool are a critical part of supporting smooth transitions.

Relationship Building – Early learning and preschool programs have adopted a collaborative practice with families to visit early learning settings during the transition process. Parents are given the opportunity to meet with staff, get acquainted, and help orient children and families, as well as receive enrollment information, program procedures, curriculum, and parent involvement opportunities.

Early learning administrators expressed that by working together in partnership with the staff, parents gain a stronger sense of open two-way communication between schools, opportunities for visits to the new school, and an understanding of what and how children learn in the new school setting.

Individualized Support – Parent-teacher relationships may well be the most essential to supporting transitions, with research suggesting that children and families who experience a positive connection are more likely to have high levels of engagement with and at school. Early learning teachers and families experience a loss as families anticipate a transition to preschool. Administrators shared that families are concerned about adjusting to a new teacher, new settings, new routines, new environments, and establishing new relationships. While parents received program information during transition meetings, administrators and early learning teachers felt that families need additional time to understand what children will learn in the new setting prior to stating what the expectations are and what support they will receive from the new school. The most common recommendation highlighted by respondents was the need for ongoing meetings/information sessions to develop strong partnerships, to get to know children and families on an individual basis, and to support children and families as they transition from early learning into preschool. Strong leadership builds strong partnerships as a basis for shared understandings and collaboration.

Preschool/Transitional Kindergarten to Kindergarten Administrator and Teacher Survey

The survey of L.A. County school administrators (superintendents, principals, managers) and teachers (n=239) asked respondents to indicate their level of agreement with various statements about their school district or program's transition practices and policies. Responses of both administrators and teachers were aggregated for analysis. As shown in Table 1, more respondents agreed with the positive statements about their school or program's family-focused transition policies and practices than the systems alignment transition strategies. Specifically, 85 percent of respondents agreed that family engagement was a priority in their district or program and 66 percent agreed that their district or program effectively reaches out to families during transition. With the exception of preschools sharing child information with elementary schools (69%) and preschool teachers visiting kindergarten classes (52%), fewer than half of respondents agreed with statements regarding their school district or program's efforts to align the two systems. This included involving preschool teachers in districts' professional learning communities (45%), collaboration between preschool and kindergarten teachers on transition supports (35%), having kindergarten teachers visit preschool classes (20%), and providing cross-training for preschool and kindergarten teachers (20%).⁶

Survey respondents were also asked how well their school district or program was doing in implementing various preschool to kindergarten transition supports; fewer than 25 percent indicated they were doing well on these practices. As with the items in Table 1, more respondents felt that their district or program was doing well when it came to family-focused transition practices like providing parents with school readiness resources (22%), sharing information about what to expect in kindergarten (22%), and inviting parents to transition workshops (22%). However, fewer respondents felt that their school or program was doing well implementing systems alignment practices like holding joint meetings between elementary school and preschool staff (5%), providing opportunities for preschool and kindergarten teachers to meet and collaborate (4%), and offering joint training of preschool

⁶ An empathy interview uses a human-centered approach to understand the feelings and experiences of others. For more information regarding the quantitative and qualitative data collection, please contact the Los Angeles County Office of Education at (562) 940-1770.

and kindergarten teachers and staff (5%). For example, fewer than 5 percent of respondents felt that their district or program was doing well when it comes to having preschool and kindergarten teachers meet to collaborate on transition or having principals visit preschool classrooms.

N=239	SURVEY ITEM	AGREE OR STRONGLY AGREE
Family	Family engagement is a priority for our district/program.	85%
Supports	The district/program is effective in reaching out to families regarding transition.	66%
	Our district has a system in place for preschool programs to share child information with the receiving school.	69%
	Preschool teachers visit kindergarten classes as part of the transition process.	52%
Systems Alignment	Preschool teachers are provided the opportunity to participate in the district's Professional Learning Communities.	45%
Supports	Kindergarten and preschool teachers collaborate to facilitate preschool to kindergarten transitions.	35%
	Kindergarten teachers visit preschool classes as part of the transition process.	20%
	The district/program provides cross-training opportunities for preschool and kindergarten teachers.	20%

Table 1: Percent of Survey Respondents – Program Transition Policies and Practices

Overall, it was clear that most respondents felt there was room for improvement, particularly with respect to systems alignment transition practices. While schools and early learning programs value the importance of successful transition and have made it a priority, not all schools and programs have implemented a comprehensive set of policies and practices to support alignment.

Parent Interview and Focus Group Data About the Transition to Kindergarten

Empathy interviews were conducted with a total of thirteen parents of preschool-age children (i.e., four or five years old); six of the parents had children in school district-based preschools and seven parents had children in a nonprofit preschool setting. The interviews were conducted between November and December 2019, using a protocol of sixteen open-ended

"I would say that definitely the teachers, the staff, we do have parent meetings. And in those meetings, they do... they do give out information, especially on enrollment. And then, I think, at the end of a school year. What your child is expected to know in kindergarten. So there are a lot of meetings and all that and school readiness."

– SPA 7: East parent

questions developed by the Transitions Workgroup and informed by existing research. In addition to the interviews, four focus groups were conducted with a total of twenty-four parents who had at least one child under age five. One focus group was conducted at a school district and the other three were held at nonprofit early care and education organizations.

In analyzing the qualitative data, three key themes emerged that are critical in supporting successful transition: information sharing, relationship building, and individualized supports. "There are parents that kind of always have a face-to-face with the teacher as they pick up their child and drop off their child. But once they go to kindergarten, there's no longer face-to-face. It's only that if they schedule meetings."

– SPA 3: San Gabriel Valley parent

Information Sharing – Many parents noted that both preschools and elementary schools put effort into sharing information with parents prior to kindergarten entry. The information is typically focused on how to enroll their child, what to expect, and how to complete the necessary paperwork. Parents care about their child's future and want information that will help them thrive in their new learning environment and set them up for success. Parents with older children who already transitioned to kindergarten were the most at ease with the process. Some parents felt they received an adequate amount of transition information regarding the school and services, while others felt they received no information, and most were somewhere in between. Parents are particularly eager for information on how to enroll their child in kindergarten and the skills their child is expected to have at entry. Parents also found it helpful when preschool teachers gave them ideas for how to support their child's readiness including activities to do at home and over the summer before kindergarten.

Relationship Building – Relationships are critical for successful transitions. As highlighted in the Ecological and Dynamic Model of Transition (Rimm-Kaufman & Pianta, 2000), the stronger the communication and relationships between a child's social contexts (e.g., family, school, peers, community) the more likely there will be a smooth transition to kindergarten. Parents talked about the importance of open communication and dialogue with teachers and staff as critical components to relationship building.

"And what I'm also hoping is that the teachers will recognize how verbally gifted she is and will kind of, you know, push her to cultivate that and really develop that."

– SPA 3: San Gabriel Valley parent

While parents in the interviews and focus groups felt that they received a lot of information to support transition, many did not feel supported in establishing relationships with kindergarten teachers and other parents as they were in preschool. In addition, they hoped teachers would understand their child's needs without the same level of parent input. There are many tools, such as apps and texts, that kindergarten teachers are utilizing to fill the communication gap, and many parents find them to be useful. However, they noted that the relationship between teachers and families is different between preschool and kindergarten. They understood the reason for the differences, such as larger class sizes and safety on the school campus, but many preferred the family-like relationship of the early learning setting.

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Individualized Support – Many parents expressed concerns that their child's unique strengths might not be recognized by their new school. They want their children to thrive and many felt that the transition to elementary school would mean that teachers have much larger groups of children and will not have the time to get to know each child and family individually. Parents with children who have IEPs are concerned with how the kindergarten teacher will support their child's individual needs. Parents value the emphasis that preschools place on social-emotional development and are concerned that kindergarten is too focused on academic learning and following rules. They want the emphasis on social-emotional learning to continue in kindergarten and be recognized as a strength, like cognitive abilities, throughout their child's education.

Families with children who are DLLs have unique concerns about how their child's language development is supported. Most parents recognize the value of bilingualism and want their child's home language to be valued and supported through the transition to kindergarten.

It is clear from the data collected that K-12 schools and early learning programs are doing a lot to support children's transition from preschool/TK to kindergarten. However, it is also apparent that there are areas that need to be strengthened. While results indicated an emphasis on transition supports for children and families, they also highlighted a need for stronger systems alignment and establishment of meaningful, ongoing connections between staff and teachers in both systems. Data also suggests that family-focused transition practices could be strengthened by carrying over aspects of the preschool setting parents valued most: deep connections between parents and teachers,

ongoing and meaningful communication, and individualized supports for children, particularly for those with unique needs. The following sections provide practical guidance and resources for schools and early learning programs to align their transition systems with sound policies and practices that support and strengthen the children, families, schools, and communities they serve.

"I want my child to speak Spanish and English—we are doing our part at home with expectations to speak Spanish, but this is not reinforced at school, so he thinks that only English is important."

– SPA 3: San Gabriel Valley parent



Commonalities Across Infant Care, Toddler Care, Preschool/TK and Kindergarten

An important aspect of effective transitions is the alignment of early learning standards, curriculum, instruction, and assessment. The alignment of these elements ensures coherence or interconnectedness between:

- Standards-what children are expected to know and do
- Curricula-what children are taught
- Instruction-how children are taught
- Assessments—what and how children's progress is measured (Atchison & Pompelia, 2018, p. 7)

Alignment across these elements also "increases consistency of children's experiences across and within grades in order to create a continuum of learning" (Howard, 2010, p. 5). It is essential for school districts to partner with early learning programs in their community to establish a process for articulation and alignment. Through regular articulation meetings or professional learning communities, silos that exist in education may be broken down. Tables 2, 3 and 4 summarize key content and resources to facilitate conversations and collaborative work around aligning early learning standards, instruction, assessment, and learning environments across infant care, toddler care, preschool, and kindergarten. The tighter the alignment of these elements, the smoother the transition and the greater the likelihood of positive child outcomes as children move between early learning settings and into the K-12 system.



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TODDLER CARE

Social and Emotional Development Domain

- Interactions with Adults
- Relationships with Adults
- Identity of Self in Relation to Others
- Recognition of Ability to Influence Social and Physical Environment
- Expression of Emotion and Empathy
- Emotion Regulation and Impulse Control
- Social Understanding

If infant is in a care setting with other children, they are developing

Interaction with PeersRelationships with Peers

Language and Literacy Domain

- Receptive and Expressive Language
- Responsiveness to Language
- Communication nonverbally and verbally
- Reciprocal Communication (nonverbally & verbally)
- Interest in Print (begins with physically exploring books e.g., mouthing, turning pages)

Cognitive Domain

- Number Sense (e.g., looking for more than one object, few basic words (signed or verbally) like "more")
- Classification (looking and smiling at familiar people, putting pretend baby bottle with doll)
- Inquiry through Observation and Investigation
- Spatial Relationships (e.g., moving hand to mouth, tracking people/objects)
- Cause and Effect
- Exploration and Discovery
- Memory
- Reasoning and Problem Solving
- Imitation
- Symbolic Play (developing)
- Attention Maintenance (developing)
- Understanding Personal Care Routines (developing)
- Knowledge of the Natural World

Physical Domain

- Gross Perceptual-Motor Movement Skills (responding to sensory information or input, tracking moving objects with eyes)
- Gross Locomotor Movement Skills & Gross Motor Manipulative Skills (kicking, rolling, sitting, reaching and holding)
- Fine Motor Manipulative Skills (grasping, e.g., pulling spoon out of mouth, holding toy in hand)
- Interacting with the environment with increased body, spatial, and directional awareness

COMMONALITIES BETWEEN INFANT CARE AND TODDLER CARE

Social and Emotional Development Domain

- Interactions with Adults and with Peers
- Relationships with Adults and with Peers
- Identity of Self in Relation to Others
- Recognition of Ability to Influence Social and Physical Environment
- Expression of Emotion and Empathy
- Emotion Regulation and Impulse Control
- Social Understanding

Language and Literacy Domain

- Receptive and Expressive Language
- Responsiveness to Language
- Communication nonverbally and verbally
- Reciprocal Communication Back and Forth Communication
- Interest in Print

Cognitive Domain

- Number Sense
- Classification
- Inquiry through Observation and Investigation
- Spatial Relationships
- Cause and Effect
- Exploration and Discovery
- Memory
- Reasoning and Problem Solving
- Imitation
- Symbolic Play
- Attention Maintenance
- Understanding Personal Care Routines
- Knowledge of the Natural World

Physical Domain

- Gross Locomotor Movement Skills & Gross Motor Manipulative Skills
- Fine Motor Manipulative Skills
- Ability to move small and large muscles, control body movements, and demonstrate precision, strength, coordination, and efficiency using the muscles of the hand
- Interacting with the environment with increased body, spatial, and directional awareness

HSELOF

Assessments

The intent of aligning instructional assessments is to make sure there is consistency with monitoring and measuring children's progress in development and learning to inform instructional practices and sustain children's developmental growth.

*Children with disabilities may benefit from more frequent progress monitoring.

Instruction

The intent of aligning instruction is to provide developmentally appropriate teaching practices that provide an optimal balance of adult-guided and childguided experiences.

*The goal of Universal Design for Learning (UDL) is to use a variety of teaching methods to remove any barriers to learning and give all students equal opportunities to succeed. It supports children with disabilities, children with a variety of learning preferences, and DLLs.

Universal Design for Learning

Learning Environments

The intent of aligning learning environments is to ensure that the physical spaces allow students to encounter places where they are safe to take risks, explore, investigate, experiment, communicate, create, and learn.

*UDL guidelines outline the importance for teachers to create an environment that is safe and minimizes distractions.

TODDLER CARE

Desired Results Developmental Profile-Infant/Toddler (DRDP)

- Approaches to Learning-Self-Regulation
- Social and Emotional Development
- Language and Literacy Development
- Cognition, Including Math and Science
- Physical Development-Health

COMMONALITIES BETWEEN INFANT CARE AND TODDLER CARE

Desired Results Developmental Profile-Infant/Toddler (DRDP)

- Approaches to Learning-Self-Regulation
- Social and Emotional Development
- Language and Literacy Development
- Cognition, Including Math and Science
- Physical Development-Health

- Soothing environment (free of clutter, soothing colors, not too much light)
- Open safe spaces (firm, cushioned floor)
- Separate areas for routine care and play (sleep, diapering, play)
- Responding to children's cues

- Opportunities for exploration
- Self-Initiation
- Responding to children's cues

Environments and spaces arranged to support infants during routine and experiences.



Toddler classrooms set up supportive of free exploration and movement.



Early Learning Standards

The intent of aligning learning standards (learning expectations) from early learning (infants and toddlers) to preschool and preschool to kindergarten is to provide seamless transition from grade to grade. Being aware of the alignment between standards and how alignment correlates to core curriculum will prevent gaps in learning.

Infant/Toddler Learning & Development Foundations

ITF describes developmental continuums (8–36 months) across four domains.

Preschool Learning Foundations (PLF) & Frameworks, Vol 1-3

PLF describes developmental continuums (48–60 months) across nine domains.

<u>Head Start Early Learning</u> Outcomes Framework (ELOF)

ELOF describes the continuum of learning for infants to preschoolers across five central domains.

California Common Core (CCC) State Standards and California State Standards

Alignment of PLF and CCC Document



*To the maximum extent appropriate, children with disabilities are educated with typically developing peers in regular classes with the use of supplementary aids as necessary.

TODDLER CARE

Social and Emotional Development Domain

- Interactions with Adults and with Peers
- Relationships with Adults and with Peers
- Identity of Self in Relation to Others
- Recognition of Ability to Influence Social and Physical Environment
- Expression of Emotion and Empathy
- Emotion Regulation and Impulse Control
- Social Understanding

Language and Literacy Domain

- Receptive and Expressive Language
- Responsiveness to Language
- Communication and Use of Language
- Reciprocal Communication—Back and Forth
 Communication
- Communication Skills and Knowledge
- Interest in Print

Cognitive Domain

- Number Sense
- Classification
- Inquiry through Observation and Investigation
- Spatial Relationships
- Cause and Effect
- Exploration and Discovery
- Memory
- Reasoning and Problem Solving
- Imitation
- Symbolic Play
- Attention Maintenance
- Understanding Personal Care Routines
- Knowledge of the Natural World

Physical Development Domain

- Gross Locomotor Movement Skills & Gross Motor Manipulative Skills
- Fine Motor Manipulative Skills
- Ability to move small and large muscles, control body movements, and demonstrate precision, strength, coordination, and efficiency using the muscles of the hand
- Interact with the environment with increased body, spatial, and directional awareness

COMMONALITIES BETWEEN TODDLER CARE AND PRESCHOOL/TK

Social and Emotional Development Domain

- Self-Awareness
- Social Awareness (Empathy)
- Responsible Decision-Making (Initiative)
- Self-Management (Self-Regulation)
- Relationship Skills (Social and Emotional Understanding)

Language and Literacy Domain

- Listening and Speaking
- Interest in Print

Mathematics Domain

- Number Sense (Counting) & Number Operations
- Classification—Sort and Classify
- Mathematical Reasoning to Solve Problems

Science Domain

- Observation and Experimentation
- Cause and Effect

Physical Development

- Spatial Awareness
- Locomotor Movement-Balance while Walking
- Manipulative Skills
- Muscular Strength
- Flexibility
- Active Physical Play or Aerobic Activity

Assessments

The intent of aligning instructional assessments is to make sure there is consistency with monitoring and measuring children's progress in development and learning to inform instructional practices and sustain children's developmental growth.

*Children with disabilities may benefit from more frequent progress monitoring.

Instruction

The intent of aligning instruction is to provide developmentally appropriate teaching practices that provide an optimal balance of adult-guided and childguided experiences.

*The goal of Universal Design for Learning (UDL) is to use a variety of teaching methods to remove any barriers to learning and give all students equal opportunities to succeed. It supports children with disabilities, children with a variety of learning preferences, and DLLs. Universal Design for Learning

Learning Environments

The intent of aligning learning environments is to ensure that the physical spaces allow students to encounter places where they are safe to take risks, explore, investigate, experiment, communicate, create, and learn.

*UDL guidelines outline the importance for teachers to create an environment that is safe and minimizes distractions.

TODDLER CARE

Desired Results Developmental Profile-Infant/Toddler (DRDP)

- Approaches to Learning-Self-Regulation
- Social and Emotional Development
- Language and Literacy Development
- Cognition, Including Math and Science
- Physical Development-Health

COMMONALITIES BETWEEN TODDLER CARE AND PRESCHOOL/TK

Desired Results Developmental Profile-Preschool (DRDP)

- Approaches to Learning
- Social and Emotional Development
- Language and Literacy Development
- Cognition, Including Math and Science
- Physical Development-Health

- Opportunities for Exploration
- Self-Initiation
- Build Interest
- Encouragement for Problem Solving and Mastery (encouraging new skills, understanding, and problem solving)
- Read and Respond to Children's Cues
- English Language Development Strategies for DLLs

- Cognitive-Constructivist Approach: Active knowledge building, re-construction of meaning, critical thinking, deep understanding, and stimulation of questioning
- Interactive Learning (questioning, feedback, modeling, scaffolding)
- English Language Development Strategies for DLLs





Classroom for preschool is set up for learning experiences aligned with the curriculum.



with typically developing peers in

supplementary aids as necessary.

regular classes with the use of

ELEMENT	PRESCHOOL/TK	COMMONALITIES BETWEEN PRESCHOOL/TK AND KINDERGARTEN	KINDERGARTEN
Early Learning Standards The intent of aligning preschool to kindergarten earning standards (learning expectations) is to provide teamless transition from grade to grade. Being aware of the alignment within	Social and Emotional Development Domain • Social and Emotional Understanding • Empathy and Caring • Initiative in Learning	Social and Emotional Development Domain • Self-Awareness • Social Awareness (Empathy) • Responsible Decision-Making (Initiative) • Self-Management (Self-Regulation) • Relationship Skills (Social and Emotional Understanding)	Social and Emotional Development Domain • No kindergarten standards specific to social and emotional. CDE supports elementary in social-emotional learning in the Core Social Emotional Competencies developed by the Collaborative for Academic, Social, and Emotional Learning.
andards and how alignment prelates to core curriculum Il prevent gaps in learning. reschool Learning Founda- ons (PLF) & Frameworks, ol 1-3 F describes developmental ontinuums (48–60 months) pross nine domains. ead Start Early Learning utcomes Framework (ELOF)	 Language and Literacy Domain Phonological Awareness – Recognition of sounds and syllables. The foundations for phonological awareness are written only for older four-year-olds. Letter Knowledge – Recognize half the uppercase and half the lowercase letters Writing – Write letters and letter-like shapes 	 Language and Literacy Domain Listening and Speaking Comprehension of Age-Appropriate Text Phonological Awareness (syllables, onset-rime, delete onsets) – At around 60 months Writing – Use drawing and dictation to compose opinion pieces, narrative, and informative texts English Language Development Listening, Speaking, Reading & Writing 	 Language and Literacy Domain Phonological Awareness (rhyming words; isolating and pronouncing initial, medial, and final sounds; and phoneme manipulation Phonics - Decode Letter-Knowledge - Know all uppercase and lowercase letters Writing - Compose opinion pieces, narrative, and informative texts
OF describes the continuum learning for preschoolers ross five central domains. alifornia Common Core (CCC) rate Standards and California rate Standards ignment of PLF and CCC ocument	 Mathematics Domain Number Sense - Counting numbers up to 20 Patterning - Recognize and expand patterns Measurement - Non-standard units of measurement Geometry - Simple shapes 	 Mathematics Domain Number Sense (Counting) & Number Operations Classification – Sort and classify Measurement – Compare, order, and measure Geometry – Create and compose shapes, identify 3-D shapes and positions in space Mathematical Reasoning to solve problems 	 Mathematics Domain Number Sense – Numbers up to 100 and operations in base ten (with numbers 11-19) Measurement – Concepts of time and calendar Geometry – Identify, analyze, compare, create, and compose a variety of shapes Mathematical Practices (e.g., reason abstractly)
The Alignment of De California Poweloo Lawring Poweloo Bartonia Poweloo Bartonia Poweloo Bartonia Poweloo Bartonia Poweloo Bartonia Bartonia Bartonia Bartonia Bartonia Bartonia	Science Domain • Curiosity and ability to raise questions about objects and events in their environment	 Science Domain Observation and Investigation/Experimentation Documentation and Communication Compare and Contrast Physical Sciences - Properties of materials Earth Sciences - Properties of earth (land, air, water) Life Sciences - Properties of plants and animals 	Science Domain • Statistics, Data Analysis, and Probability
o the maximum extent appropriate, ildren with disabilities are educated to tryicically developing neers in	 Physical Development Domain Balance - Holding still Manipulative Skills - Increase fine motor skills Spatial Awareness - Use own body as reference 	 Physical Development Domain Body Awareness – Identify body parts Spatial Awareness Balance – When moving in different directions Locomotor Movement – Balance while walking and variety of other skills, such as jog, run, bon jump 	 Physical Development Domain Balance – Using up to five body parts Spatial Awareness – Travel within large group without bumping into others or falling Movement Concepts – Create shapes using body parts in a variety of

hop, jump

• Manipulative Skills - Increase coordination with

throwing, kicking, striking, bouncing, etc.

• Muscular Strength – Climb ladders

• Flexibility - Stretch without bouncing

• Active Physical Play or Aerobic Activity

- Movement Concepts Create shapes using body parts in a variety of combinations
- Fitness Concepts Participate in physical activities that are enjoyable and challenging

Table 4: Commonalities Between Preschool / Transitional Kindergarten (TK) and Kindergarten



Instruction

The intent of aligning instruction is to provide developmentally appropriate teaching practices that provide an optimal balance of adult-guided and child-quided experiences.

*The goal of Universal Design for Learning (UDL) is to use a variety of teaching methods to remove any barriers to learning and give all students equal opportunities to succeed. It supports children with disabilities, children with a variety of learning preferences, and DLLs.

Universal Design for Learning

Learning Environments

The intent of aligning preschool to kindergarten learning environments is to ensure that the physical spaces allow students to encounter places where they are safe to take risks, explore, investigate, experiment, communicate, create, and learn.

*UDL guidelines outline the importance for teachers to create an environment that is safe and minimizes distractions.

 Cognitive-Constructivist approach: Active knowledge building, re-construction of meaning, critical thinking, deep understanding, previously learned through experiments, discovering, role-play, and and stimulation of questioning

- Teacher-guided experiences
- Interactive Learning (guestioning, feedback, modeling, scaffolding)
- Use of technology
- English Language Development Strategies for DLLs

Video: Transitional Kindergarten Implementation **Guide: Effective Instruction**

Video: Effective Early Learning Strategies

- Cognitive Learning Process: Acquisition of general and specific skills, e.g., learning how to decode
- Teacher-directed instruction methods (didactic)
- Concept/subject-driven instruction (based on curriculum programs)
- Learning centers (assigned or on rotation)
- Independent seat work (e.g., paper-pencil assignments and/or manipulatives)

Curriculum Frameworks

Classroom is set up for free choice and interest areas.

Social-Constructivist approach:

collaboration.

Practice

Vol. 1-3

• Child-Initiated/

Child-Centered

Developmentally Appropriate

Preschool Curriculum Frameworks,

Preschool English Learner Guide

Video: Play in Early Childhood

Building knowledge through skills



Early Childhood Environment **Rating Scale**

Classroom is set up with tables for individual seating and some activity areas.



Video: Transitional Kindergarten Implementation Guide: Learning Environment

Classroom is set up with desks for individual seating.



Video: Reimagining Classrooms: TED Talk




Policy Implications

Smooth transitions from birth through kindergarten promote an optimal path for children's growth and development over time. Alignment not only ensures that children are prepared for what they will learn and what is expected of them in kindergarten, but also helps families feel connected to their school and creates a foundation for a strong home-school partnership. The ideas, best practices, and tools shared in this framework are intended to be a resource for local communities, early learning providers, K-12 schools, and families so that they can work together to create a seamless and supportive birth to kindergarten transition system. To truly sustain these transition policies and practices and ensure systems are aligned, it is recommended that policymakers develop solutions that address system barriers that make alignment challenging. The following policy implications were developed through conversations with the L.A. County Transitions Workgroup and present ways to address many of these barriers:

Collaborative Planning: Support school district administrators to implement birth to kindergarten alignment strategies and involve early educators from diverse programs and settings as part of the planning and implementation of those efforts.

Birth to Kindergarten Leadership Development:

Develop and support elementary school leaders to become birth through third grade leaders who are knowledgeable about early development and learning and are focused on building connections between the early learning and K-12 systems.

Assessment Data Continuity: Establish a valid and reliable measure of student skills that can be used to assess growth over time and across grades and that captures skills and growth of all children (including those who are DLLs and who have IFSPs/IEPs).

Data Systems: Establish a data system that links individual child-level assessment data from early childhood to elementary data to enable teachers to better meet children's individual needs and build upon their strengths. Joint Learning and Planning: Provide paid release time and substitutes for early learning and K–12 teachers to participate in joint professional development and to collaborate with other teachers both within and across systems.

Align PreK-3 Teacher Preparation: Support efforts to increase associate and bachelor's degrees for early educators, strengthen K-3 teacher preparation to include greater emphasis on early childhood development, and incorporate transition best practices into teacher preparation and credential programs.

Reduce Class Sizes and Provide More Classroom Support: Support efforts to reduce group and class sizes and increase the number of classroom aides so that teachers can have the time and resources to focus on individual children's needs and strengths and engage in more frequent dialogue with parents.

Streamline Volunteer Process: Support more parent and community engagement by simplifying the process to increase understanding so that more people will want to volunteer their time.

Support CDE's Preschool through Third Grade (P-3) Alignment Efforts: Partner with the CDE as they advance P-3 Alignment statewide.



L.A. COUNTY TRANSITION FRAMEWORK

Framework Using a Systems Approach – Three C's of Transition Impacting Child Outcomes

The L.A. County Transitions Workgroup leveraged a wide variety of data for the development of a comprehensive, countywide birth to Preschool/TK and Preschool/TK to kindergarten transition framework, including input from workgroup members, lessons learned through active participation in the Office of Head Start and Public Schools Collaboration Demonstration Project, and insight data from parents, teachers, administrators, and other stakeholders from across L.A. County.

Successful transition, including the transition from early learning to kindergarten, requires many parts working together to create a solid systems approach. Over time, successful systems alignment helps to ensure that the valuable gains achieved in early learning programs are not lost, but rather sustained into kindergarten and beyond, thus reducing the school readiness achievement gap. In part one, a system was defined by Merriam-Webster as "a regularly interacting or interdependent group of items forming a unified whole." This definition aligns with the Office of Head Start's whole child approach to school readiness: children are ready to learn, families are ready to support them, and schools are ready for the children and families they are receiving (<u>OHS ECLKC website</u>).

Data analysis from the workgroup's surveys, interviews, cited research, and feedback data from the parents, teachers, and leadership/administrators demonstrated that transition across early learning to kindergarten activities for children and families are typically provided; however, less emphasis is placed on systems alignment and ongoing connections among leadership/administrators, teachers, families, and community organizations. This resulted in three key themes identified as critical in supporting successful transitions: information sharing, relationship building, and individualized supports. The themes were used to identify the Three C's of Transition approach of interconnecting components:

- 1. Coordination—defined as alignment and articulation across subsystems, including intentional information and data sharing (theme one: information sharing)
- 2. Cooperation—defined as commitment between subsystems to work together to achieve identified actions and procedures (theme two: relationship building)
- 3. Collaboration—defined as supporting mutual relationships between subsystems that result in a collective and shared purpose and addressing the unique needs of children (theme three: individualized supports)

The workgroup intentionally considered the third theme, individualized supports, when identifying strategies and resources within the framework, addressing the individual child's and family's unique strengths and needs, including DLLs, children with special needs or disabilities, children experiencing adverse childhood experiences, and children experiencing homelessness or in foster care.

"How the foundation for positive transitions is laid across all levels of the system to support children, families, and staff through transitions can have far-reaching effects on children's well-being and academic success."

> - Office of Head Start, 2020, https://eclkc.ohs.acf.hhs.gov/transitions



Figure 3: Three C's of Transition Impacting Child Outcomes





Based on this whole child systems approach, the workgroup identified four essential subsystems needed for a comprehensive and successful transition from early learning to kindergarten. The interconnectedness of the subsystems and components ensures that the transition focus is not reliant on any one individual or group, but rather a group of individuals that represent a cross sector. The four subsystems are as follows:

- Leadership/Administrators—including school boards, superintendents, principals, early learning program directors, and supervisors who must set the tone and expectations of the entire organization using a systems approach. It is key that all leaders that impact decision-making are part of the transition system.
- Families—including parents, guardians, and other significant caregivers and caretakers, such as grandparents, extended family, and older siblings. Families have the best understanding of their child and should be encouraged and supported to be their first educator.
- Schools—including early childhood education programs and local educational agencies (LEAs), both educators and other school staff, such as school librarians, special education providers, physical education instructors, etc.
- Community—applying Rimm-Kaufman and Pianta's (2000) Ecological and Dynamic Model of Transition to school readiness, the workgroup added Community, which includes community organizations and programs such as local libraries, WIC, Parent Teacher Associations (PTA), parks and recreation programs, and external service providers.

The approach in this framework is aligned with the recently updated recommendations from the National Center on Early Childhood Development, Teaching, and Learning (2020): *Planning for the Transition to Kindergarten: Why It Matters and How to Promote Success.* The recommendation includes the following:

- Approach transition collaboratively, and include the diverse perspectives of learners and their families
- Involve all key stakeholders in the process, including families, educators, leaders, members of children's cultural and linguistic communities, and individuals representing children with disabilities
- Align children's experiences across systems in early learning settings and kindergarten classrooms

To support successful transition system alignment, Tables 5 through 8 focus on the Three C's of Transition (Coordination – Cooperation – Collaboration) and how they are supported in each of the four subsystems (leadership/administrators, families, schools, and communities). The tables detail strategies and resource links to consider when planning for successful transitions from early learning to kindergarten. The information, grounded in research, is gathered from practitioners and parents to support educators in filling the gaps that historically have existed between early learning and elementary education. Where applicable, links to resources are included in the tables or in Appendix C. Please note that Tables 5 through 8 are not all-inclusive, but provide examples and guidance to help programs develop their plan of action for embedding a systems approach to transition throughout the organization.



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Three C's of Transition Impacting Child Outcomes **LEADERSHIP and ADMINISTRATORS**

LEADERSHIP/ Administrators

Superintendents Boards Principals Directors Managers Supervisors

COORDINATION Alignment and articulation across subsystems (Information Sharing)

- Identify leadership team membership representing early learning and kindergarten
- Develop a process for collaboration and establish a birth to kindergarten shared vision and plan
- Identify a communication strategy to build understanding and obtain buy-in from administrators, teachers, families, and community members
- Establish a data management system and data-sharing processes (e.g., child-level data)
- Identify an evaluation process to determine effectiveness of early learning and kindergarten collaboration, articulation, and planning process
- Ensure that transition is included in the distance learning process and during breaks⁷

COOPERATION

Commitment between subsystems to work together (Relationship Building)

- Set clear expectation of implementing systems approach
- Build a culture of collaboration and cohesiveness between early learning and kindergarten systems supported by all stakeholders (e.g., district boards, nonprofit boards, superintendents, directors, administrators, teachers, parents)
- Build shared understanding around developmentally, linguistically, and culturally appropriate practices and leadership
- Establish early learning and kindergarten goals that are in alignment with existing initiatives and community efforts
- Identify key strategies and activities to support alignment and articulation (e.g., design a variety of professional learning experiences)

COLLABORATION

Supporting mutual relationships between subsystems (Individualized Supports)

- Develop relationships and work closely across early learning and school systems and providers to ensure positive child outcomes for all students, including student subgroups, such as children with disabilities, dual language learners, and children in foster care
- Schedule, coordinate, and implement joint professional development activities to accommodate both early learning and kindergarten teachers, as well as administrators
- Emphasize importance and benefits of attendance from early learning programs through elementary grades

RESOURCES
Education Commission of the States: Transitions and Alignment from Preschool to Kindergarten
National Association of Elementary School Principals: Leading Pre-K-3 Learning Communities
Los Angeles Unified School District Birth to Eight Roadmap
National P3 Center
Transition and Alignment: Two Keys to Assuring Student Success
Trying Together: Kindergarten Transition
Zero to Three: The State of Child Care for Babies
Zero to Three: Putting the Pieces Together for Infants and Toddlers

⁷See Appendix B for additional information.

Three C's of Transition Impacting Child Outcomes **FAMILIES**

FAMILIES

Parents Guardians Caregivers/ Caretakers **COORDINATION** Alignment and articulation across subsystems (Information Sharing)

- Learn about the different expectations and strategies early educators use to support children as they transition within early learning programs and to kindergarten
- Identify the school and program(s) you would like your child to attend
- Become familiar with the School of Choice (if available) and enrollment process, including timeframes, school rules, and expectations
- Learn about before-school and after-school programs and other magnet academic and extracurricular programs
- Learn about how well prepared children are at the schools you are interested in by becoming familiar with CDE's School Accountability Report Card (SARC) applicable to kindergarten
- Request a site tour to familiarize yourself with the program
- Schedule an appointment to meet staff and introduce yourself and your child
- Develop an understanding of the importance and benefits of regular attendance
- Create a transition and enrollment folder or portfolio for your child with key information such as medical and dental records, allergies, Individualized Education Programs (IFSP, IEP), etc.
- Become familiar with how the program/school differs from the early learning system
- Ask teachers for infant, toddler, or preschool/TK activities to support transitions⁸

COOPERATION

Commitment between subsystems to work together (Relationship Building)

- Attend early learning or kindergarten orientation sessions and transition events prior to the program or school start date
- Become familiar with your rights and the local educational agency's (LEA's) role under federal and state laws, such as your rights under the Individuals with Disabilities Education Act (IDEA)
- Participate in parent groups, committees, and organizations, such as a parent advisory group, Parent Teacher Association (PTA), School Site Council (SSC), etc.
- Regularly attend program/ school events, and parent-teacher meetings
- Join a parent/family peer-to-peer network or support group

COLLABORATION

Supporting mutual relationships between subsystems (Individualized Supports)

- Work with teachers and administrators to identify your child's strengths and areas for growth to support your child's unique educational needs
- Make attendance a priority for every day the child does not attend, that is time lost in the instructional process
- Always communicate with your child's program or school about any circumstances that may interfere with consistent attendance in order to access support from the school and/or community programs
- Attend orientation or other transition event, symposium, or conference to become familiar with the processes involved in early learning to kindergarten transitions

- List of public schools by school district: <u>Public Schools Directory</u>
 - List of public schools by charter: <u>Charter Schools Directory</u>
 CDE School Accountability Report Card: <u>CDE SARC website</u>

RESOURCES

- <u>A Parent's Guide to the SARC</u>
 <u>The Transition to Kindergarten and Out-Of-School-Time Programs: Tips for Parents and Caregivers</u>
 - Your Child Is Going to Kindergarten: Making the Move Together
- Transition to Kindergarten: Activity Calendar for Families
- Family Engagement in Transitions: Transition to Kindergarten
- Transitions to Kindergarten: Supporting Children Who Are Dual Language Learners (DLLs)
- Continuing the Journey: Best Practices in Early Childhood Transition: A Guide for Families (book)

Three C's of Transition Impacting Child Outcomes **SCHOOLS**

COOPERATION

COORDINATION

COLLABORATION

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$\boldsymbol{\mathcal{O}}$	Alignment and articulation	COOPERATION Commitment between subsystems	Supporting mutual relationships		
Ö	across subsystems	to work together	between subsystems		
	(Information Sharing)	(Relationship Building)	(Individualized Supports)		
SCHOOLS	 (Information Sharing) Create a sense of community across systems by coordinating joint events for staff, students, and families Invite early learning providers to attend kindergarten events and vice versa (e.g., culminating theme gallery walks or family math class- room events) Provide articulation or planning time for early educators and kindergarten teachers to discuss shifts in pedagogical approaches and instructional content Recruit and prepare families to participate in collaboration meetings, including early learning teachers, transitional kindergarten and/or kindergarten teachers, administrators, and parents Exchange school/program data and share child-level data between early learning and school systems Provide parents transition activities and supports during school breaks and at the end of the year⁹ Provide receiving teacher with child's portfolio that may include observation and assessment data, which offers a baseline for social, emotional, and early academic skills Exchange and share resources that increase understanding of early learning standards (e.g., for children in foster care, dual language learn- ers, students with special needs, children experiencing homeless- ness, and gifted and economically disadvantaged students)⁹ 	 (Relationship Building) Become familiar with staff, routines, and environments by participating in joint events or activities Establish relationships between teachers and be responsive to each other's inquiries 	 (Individualized Supports) Attend and engage in joint professional development early learning opportunities (infant, toddler, preschool/ TK-kindergarten) Participate in classroom visits and debrief to re- flect on developmentally appropriate practices, early learning standards, learning environments, assessments, and social interactions Participate in joint planning and articulation (early learning) to discuss shifts in pedagogical approaches, instructional content, and formative assessments and plan for differentiated instruction Coordinate supports for children with disabilities and children in foster care programs Ensure regular attendance by clarifying attendance pol- icies and supports available to families Complete a comprehensive IFSP/IEP re-evaluation meeting for children with special needs 		
	PACE (Policy Analysis for Californ	ropriate Practice Position Statement: nia Education) – PreK-3 Alignment Challe	nges and Opportunities in California		
RESOURCES	Data-Sharing Between Head S Council for Exceptional Childre				
	 ECLKC: Children with Disabilities Early Childhood Transitions: Supporting Children and Families Kirklees Guidance for Transitions in Early Years 				
	Developmental Foundations of School Readiness for Infants and Toddlers				

⁹ See Appendix B for additional information.

Los Angeles County Birth to Kindergarten Transition Systems Alignment Framework (Third Edition) - June 2022

Three C's of Transition Impacting Child Outcomes **COMMUNITIES**

COMMUNITIES COORDINATION COOPERATION Alignment and articulation Commitment between subsystems across subsystems to work together (Information Sharing) (Relationship Building) · Identify community organiza- Develop MOUs and partnerships between community organizations and programs that can or tions that support early learning could support the early learnand elementary school goals (e.g., ing programs and elementary library programs, city or county school(s) and the children and parks and recreation dept.) families they serve. Host a collaborative transition · Identify community organizaevent, inclusive of all stakeholders tions and programs that can or in the community could serve the unique characteristics, diversity, and needs Libraries Incorporate leadership practices of the families and children in for successful transitions from Dept. of Children the community early learning to kindergarten and Family Services Assess current transition • Engage in community events Parks & activities and processes in the around early learning and Recreation community to identify what is kindergarten enrollment effective and where program **Regional Centers** improvement is needed Coordinate with the local library Medical and WIC to host a story time focused on Providers Share data and common data early childhood transitions in early Local Volunteers points across programs and learning and kindergarten organizations Related Service Provide information about the Providers(e.g., Share resources across early learning and kindergarten Occupational and registration or transition process Speech Therapy) programs that serve early to distribute to families attending learning to kindergarten age community events families Use common or standardized transition documents and forms · Ensure early learning programs, schools, and families are aware of community resources, including those for special populations, such as those experiencing homelessness¹⁰ Education Commission of the States: Transitions and Alignment from Preschool to Kindergarten

RESOURCES

COLLABORATION

Supporting mutual relationships between subsystems (Individualized Supports)

- Establish an intentional transition network
- Establish or utilize existing transition teams, liaisons, or coordinators to support linkages between community organizations, programs, early learning programs, and LEAs
- All stakeholders embrace and understand the importance of continuity of transition activities across their programs
- All programs become more knowledgeable of the differences inherent in each of the systems (funding, regulations, organizational structure, staff qualifications, etc.)
- Establish a transition task force inclusive of parents, educators, administrators, and community representatives to establish connections and coordinate the transition process
- Establish relationships and partnerships to leverage community resources that support children, families, and schools (e.g., homeless liaisons)

	 <u>ACF Office of Child Care and Office of Head Start: Promoting Continuity of Care in Infant/Toddler Settings: What Can State/Territory Leaders Do?</u> <u>Zero to Three: The State of Child Care for Babies</u>
¹⁰ See Appendix B f	or additional information.

NCECDTL: Leadership Practices for Successful Transitions to Kindergarten

NCPFCE: Family Engagement In Transitions: Transition To Kindergarten

NCECDTL: Transition to Kindergarten: Collaborations, Connections, and Six Steps to Success

WestEd: Effective Early Childhood Transitions: A Guide for Transition at Age Three-Early Start to Pre-





Developing a Systems-Based Transition Action Plan

Transition work is most effective when strong leaders build a collaborative workgroup and a focused plan. The Transition Action Planning Template can be used to guide the development of a transition plan that strengthens the partnership between all programs involved, from birth to kindergarten. The Template will allow workgroup members an opportunity to identify current practices that foster connections to receiving schools; brainstorm and identify activities; establish roles, responsibilities, and timeframes; and plan for improvement. Figure 4 provides a brief overview of the seven steps that should be included when developing an action plan. (See Appendix A for Transition Action Planning Template)



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CONCLUSION

This third edition of the Los Angeles County Birth to Kindergarten Transition Systems Alignment Framework is intended to support school districts and early learning programs in Los Angeles County to align their systems to better support a sustained and effective early learning to kindergarten transition. It highlights the importance of strengthening the subsystems that surround the developing child (leadership/administrators, families, schools, and communities) by focusing on the Three C's of Transition—Coordination, Cooperation, and Collaboration—and the critical role of ongoing and open communication to support all three aspects of transition. The policy and program examples and tools provided within the framework are meant to support early learning programs and schools to develop a comprehensive systems-based transition action plan.

With support from the CDE, we expanded the Framework to include an early learning system of transition for birth/infant to toddler and incorporated the transitions into and out of transitional kindergarten as well. This Framework includes strategies for the intentional and successful transition of children who are dual language learners, foster children, and those with special needs. We are hoping that together we take a strategic systems approach to how we bridge the gap for all children as they transition from one early learning setting to another and through their transition into kindergarten and beyond.





APPENDICES

Appendix A: Transition Action Plan and Template

Step 1: Identify key stakeholders to be part of the transition workgroup that will be committed to the process. Team members should include early learning program staff, preschool/TK and kindergarten teachers, school liaisons, principals, directors, education managers, parents, and community representatives. Identify the transition workgroup lead.

Step 2: Assess evidence of current practices. What is the reality of what's happening now with transition activities (sharing information, building relational supports, etc.)? Identify the strengths, benefits, challenges, and opportunities for improving transition activities practiced in your school and community. For each activity currently happening, identify the type of connection it fosters and the intended outcome.

Step 3: Develop a survey to assess challenges and opportunities for current practices. Distribute survey to key stakeholders. Aggregate and analyze data results to determine what's working and what's not working with the current practices.

Step 4: Analyze feedback from Steps 2 and 3 and communicate to the workgroup. Brainstorm to envision the future and identify goals to accomplish. Consider the types of connections, types of activities, and when the activities will be achieved.

Step 5: Develop the action plan, including all key components. The action plan should include: (1) connections to be made; (2) identified activities; (3) person(s) responsible; (4) established benchmarks/measures; and (5) completion dates. Plan, prioritize, and finalize details through coordination. Look at calendar to assign realistic timelines, determine how often and when sub-teams will meet, and establish who is responsible for next steps and follow-up.

Step 6: Implement the action plan. Don't wait until it is perfect. Focus on the following: (1) communicating the plan; (2) articulating clear expectations; (3) securing resources; (4) tracking successes; (5) monitoring and frequently checking in; (6) staying adaptable and flexible; and (7) communicating results frequently.

Step 7: Reevaluate and refine your goals, create new ones if necessary, and plan steps to take. The workgroup needs to keep their motivation strong to complete the goal. Communicate regularly. Consider scheduling a weekly or monthly evaluation, which could include measuring progress and evaluating barriers/obstacles. Make necessary adjustments and keep the workgroup going. Celebrate.

Name of Organization:	of Organization:
-----------------------	------------------

Step 1: Who are the crucial individuals that will be involved in developing and implementing a comprehensive plan?

Workgroup Members	Affiliation	Contact Information (Phone/Email)
Designated Team Leader and Contact Information		

Step 2: What are the organization's current practices?

Type of connection	Sharing information	Building relational supports	Fostering alignment between settings	Evaluation
Child–School				
Family–School				
School–School				
Community–School				
Strengths:				

Type of connection	Sharing information	Building relational supports	Fostering alignment between settings	Evaluation
Benefits:				
Challenges:				
Opportunities:				

Step 3: What are the challenges and opportunities for current practices?

Type of connection	What's Working	What's Not Working
Child–School		
Family–School		
School–School		
Community–School		

Step 4: What brainstorming ideas does the team have after analyzing information from steps 2 and 3?

Type of connection	What are suggested connections we will make?	What are suggested activities we will implement to support the connection?	What are the benchmarks for achievement?
Child–School			
Family–School			

Type of connection	What are suggested connections we will make?	What are suggested activities we will implement to support the connection?	What are the benchmarks for achievement?
School–School			
Community–School			

Step 5: Based on Step 4, what are the final decisions that will be presented to the entire group and approved by administration?

Type of connection	What connection will we make?	What activities will we implement to support the connection?	Who will be responsible for the connection and who will support?	What are the benchmarks for achievement?	What is the completion date for all benchmarks?
Child–School					
Family–School					
School–School					
Community– School					

Step 6: Implement Plan – Do not wait until it is perfect.

Step 7: Reevaluate your goals, create new ones if necessary, update document, communicate to all stakeholders, and celebrate.





Appendix B: Continuity of Learning Experiences and Transitions

While in-person instruction and services are disrupted due to school breaks, a pandemic, natural disasters, classroom closures, medical reasons, or other unforeseen circumstances, the Continuity of Learning strategies outlined in this section support ongoing learning. Program staff, families, and teachers all play an integral role in children's successful transition. Continuity of Learning is a valuable form of continuing education and transition services in which children, their families, and teachers can engage using varied technologies and methods to facilitate communication and successful transitions.

Continuity of Learning includes three key elements:

- 1) Strengthening the home-school connection
- 2) Embracing parents and families as lifelong educators
- 3) Respecting parents' role as the child's first teacher

Continuity of Learning provides the unique opportunity to continue providing individualized education and services to children and families as they transition from early learning to preschool/ TK, and preschool/TK to kindergarten. Embracing a whole child approach to serving children and families, educators should collaborate, as much as possible, with other subsystems (refer to Tables 5 through 8) to allow the continuation of all necessary services to support successful transitions for children throughout early learning, preschool, and entering kindergarten, including coordinating transition services during school breaks or closures.

Continuity of Learning experiences are essential to provide consistency in educational experiences to families and children. It is critically important that steps be taken throughout the school year for early learning, preschool/TK, and kindergarten teachers and administrators to apply relationshipbased practices and maintain supportive relationships. The family and child's relationship with the schools can deepen during the Continuity of Learning period and benefit them when they return to standard program operations. Family engagement is critical to the success of the early learning to kindergarten transition.

Tips for Supporting Continuity of Learning Experiences

FAMILIES

Birth to Age Three

Provide hello and goodbye learning opportunities. Practice and model waving and saying bye-bye. Play disappearing and reappearing games such as peekaboo and pretend calls talking on a telephone.

Play games that focus on identifying personal belongings, getting dressed, offering choices, and encouraging self-help skills, such as washing hands, taking off shoes, putting on socks/shoes, and getting a sweater or jacket.

Read books and talk about feelings. Pretend play about going to school, making friends, and mommy and daddy going away, and talk about the new setting and people.

Make books available at home. Include reading as an everyday activity. Point out and talk about the pictures. Sing songs and rhymes.

If possible, plan a visit to the place where your child will be cared for (early learning program, daycare, etc.). Plan to attend any scheduled meetings. Ask for opportunities to share information about your child with caregivers/ teachers.

Plan time to go outdoors—this can be going out to the patio/ backyard, for a walk, or to the park. Use time to talk and point to what you see (traffic lights, cars, people, dogs, buildings, etc.) and promote physical activity.

Create family fun time activities using materials that are available at home, such as art using magazines, newspaper, paint, crayons, markers, paper, or boxes.

Create opportunities to listen and make music with materials you have at home, like pots and pans or homemade instruments such as drums using empty oatmeal or coffee cans.

Provide opportunities to listen to music, sing songs, and rhymes, do finger-plays, and incorporate dancing. Encourage singing songs in your home language or preferred language.

Use indoor and outdoor spaces where your child can move freely and have a space to learn.

Three to Five Years Olds

Create and practice routines for the morning and evening that you will follow during the school year. Help your child get up, get dressed, and be ready to learn at a reasonable time.

Practice activities with your child that encourage independent skills, such as tooth brushing, putting away toys, self-feeding, hygiene, toileting, following instructions, etc.

Encourage your child to speak with other children to learn what kindergarten is like.

Read with your child every day, including books about going to kindergarten.

Plan fun in-person or virtual activities with your child, spend time outside, visit the library and local museums, and take advantage of free events, like a farmers' market or summer festivals.

Provide meaningful alternatives to screen time for your child (e.g., building items using cardboard boxes, gardening, cooking). Share photos or videos of your child's creation and activities with the current or receiving teacher.

Music is magical, so explore singing and dancing to online applications, television shows, and movies that are age-appropriate and that you and your child would enjoy.

Choose a good place in your home for your child to learn. Set up a physical location that's dedicated to school-focused activities.

If child is still taking naps begin phasing out nap time.

Practice using child scissors and cutting different types of paper.

Support your child in practicing opening own water bottle, lunch bag, and snack bags.

$\label{eq:learn} \mbox{Learn about free community activities and online resources available:}$

Los Angeles Public Library

Learning Games - Fun games to play with infants through five-year-olds

GoNoodle – Active, mindful videos

California for All Kids Early Learning & Care Playbook - Nutrition, wellness, financial, resources

Cognitive Development | PBS

Sesame Street | Help Kids Grow Smarter, Stronger & Kinder

The Genius of Play It's More Than Play!

The Genius of Play | iEs más que jugar!

Parenting | First 5 Los Angeles (First5LA.org)

Milestones & Vroom | CDC



Tips for Supporting Continuity of Learning Experiences

SCHOOL

Birth to Age Three

Plan early learning program or school orientation and parent meetings.

Create resources for families with information on early learning to preschool/TK options and program choices. Research and maintain current information regarding various program and service options available for children at age three and their families. Guide families on what questions to ask regarding the transitions.

Schedule transition meetings with families to discuss child's needs, developmental progress, and school readiness, and/or any Individualized Family Service Plan, if applicable. Invite the early learning staff to share information regarding child's development.

Create learning activities that are developmentally appropriate to children's age to be shared with families during school breaks.

Communicate with families of children to identify separation anxieties, fears, and strategies on how to adjust to changes and reading their child's cues.

Ensure that families are knowledgeable on school emergency policies and procedures. When possible provide information in the home language of families.

Provide families with activities to make connections between prior experiences and new learning (e.g., activities to prepare their child for preschool/TK).

Prepare transition kits/materials families can do with their child at home to continue learning. Plan with families how to meet their child's needs as they move to the new setting.

If possible, create a transition video for families to watch with an introduction and overview of what to expect. Provide families with clear information about the policies and procedures (parent handbook/brochure).

Create a transition bulletin with built-in hyperlinks that provides families, and teachers access to transition activities, strategies, tips, and resources (e.g., recommended books, articles on what to look for in a school)

Create a mechanism for sharing information with families regarding parent meetings, program/school events, classroom happenings, volunteering, and involvement in policy council if available.

Connect parents with site and parent meetings, as well as meeting minutes and agendas.

When possible, provide parent support groups on a regular basis or connect families to a resource in the community offering those services.

Share community-wide activities and events.

Plan joint professional development opportunities and meetings between early learning staff and preschool/TK staff.

Collaborate with receiving schools to provide joint trainings and meetings that support families and children transitioning.

Three to Five Years Olds

Plan a "welcome back to school" activity (e.g., assembly or open house).

Create/provide resources for families with information about their home or desired school or program, such as a frequently asked questions list answering common questions.

Schedule one-on-one meetings with the family to discuss child needs, developmental progress, school readiness, and/or Individualized Education Program, if applicable. Invite teachers and staff working with the family to share information.

Create lessons that all transitioning children may have access to during any school breaks.

Communicate with families of children to identify any challenges and supports needed and/or celebrate successes.

Ensure that families are knowledgeable on school emergency policies and procedures. When possible provide information in the home language of families.

Prepare transition activities that parents can do with their child during school breaks. Activities should be made available for all children regardless of whether the child is in a center or homebased program or receiving services virtually.

Prepare transition kits or materials that families can do with their child at home to continue learning, such as activities that support making connections between prior experiences and new learning (e.g., activities to prepare their child for school). Plan with families how to support their child's current development and skills and how to build new skills.

If possible, create a transition video for families to watch with an introduction and overview of what to expect. Provide families with clear information about the policies and procedures (parent handbook/brochure) and differences between care for younger children, preschoolers/TK, and kindergarteners.

Utilize learning activities that familiarize families and children with the transition to kindergarten.

Create a weekly transition bulletin with built-in hyperlinks that provides families and teachers access to transition activities, strategies, tips, and resources (e.g., read-aloud/e-books, videos).

Create a mechanism for sharing information with families regarding parent meetings, program/school events, classroom happenings, volunteering, and involvement in policy council if available.

When possible, provide parent support groups on a regular basis. Connect families to community resources providing such support services if the school isn't providing them.

Share community-wide activities and events.

Plan joint professional development opportunities and meetings between preschool/TK, and/or kindergarten staff.

Work with other agency partners to provide interagency trainings for all programs involved in the transition process.

Provide information regarding eligibility, and placement process.





Appendix C: Additional Transition Resources

The following table provides links to additional resources that may be helpful when planning for successful transition from preschool to kindergarten.

Establishing an Early Childhood Education Leadership Team to Coordinate Early Learning to PreK-3 Efforts

<u>Transition and Alignment: Two Keys to Assuring Student Success</u> <u>Education Commission of the States: Transition and Alignment from Preschool to Kindergarten</u> <u>Administration on Children, Youth and Family, Children's Bureau</u> <u>Transitional Kindergarten (TK) California</u>

National P3 Center <u>Bridging ECE and PreK-12 Systems</u> <u>New Project: Head Start to Kindergarten Transitions</u> <u>Foundation for Child Development: Framework for Planning, Implementing, and Evaluating</u> <u>PreK-3rd Grade Approaches</u> <u>Education Development Center: First 10 Approach</u> <u>Buffet Early Childhood Institute: Superintendents' Early Childhood Plan</u> <u>National Association of Elementary School Principals: Leading Pre-K-3 Learning Communities</u> <u>All Things PLC: Advocates for Professional Learning Communities:</u> <u>Finding Common Ground in Education Reform</u> <u>California Department of Education: CA Early Childhood Educator Competencies</u> <u>California Department of Education: Transition from Preschool to Kindergarten</u>

Providing High-Quality PreK-3rd Grade Joint Professional Development

NAEYC: Developmentally Appropriate Practice Position Statement: 2020

Supporting Early Learning and PreK-3 Vertical Articulation and Planning

Policy Analysis for California Education (PACE) - https://edpolicyinca.org/ Practice Brief Report - Fostering Pre-K to Elementary Alignment and Continuity PreK-3 Alignment Challenges and Opportunities in California Preschool to Third Grade Alignment: What Do We Know and What Are We Learning? Preschool Through Third Grade Alignment and Differentiated Instruction: A Literature Review National League of Cities: Educational Alignment for Young Children Voices in Urban Education: Promoting Seamless Transitions from Preschool to Kindergartenand Beyond Zero to Three: Putting the Pieces Together for Infants and Toddlers Toddlers in Early Head Start: A Portrait of 3-Year-Olds, Their Families, and the Programs Serving Them Volume I: Age 3 Report 2015-28 Toddlers in Early Head Start: A Portrait of 3-Year-Olds, Their Families, and the Programs Serving Them Volume II: Technical Appendices

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Establishing Data Management Systems & Data-Sharing Processes

Head Start Early Childhood Learning & Knowledge Center (ECLKC)

Office of Planning, Research and Evaluation (OPRE) <u>Understanding Children's Transitions from Head Start to Kindergarten, 2019–2022</u> <u>Quality Start LA: Quality Ratings</u> <u>Build Initiative: Early Childhood Data Systems</u> <u>California Department of Education - Local Control and Accountability Plan</u> <u>NCES Early Childhood Data Governance in Action: An Introduction</u> <u>LCAP Survey sample: ABC Unified School District Executive Summary</u> <u>Trying Together: Kindergarten Transition</u> <u>Zero to Three: Data Systems in Early Childhood Systems</u>

Connecting with Early Learning Programs

<u>FreePreschools.org Free Preschool Search by State</u> <u>Child Care Alliance of Los Angeles Find Child Care Search</u> <u>California Department of Education: Early Learning and Care</u>

Coordinating Early Learning Supports for Children with Disabilities and Special Needs

Council for Exceptional Children U.S. Department of Education - Free Appropriate Public Education for Students with Disabilities Funding Assistive Technology through the Regional Center

Early Childhood Technical Assistance Center (ECTA Center) <u>Transition from Preschool Special Education to Kindergarten</u> <u>Practice Guides for Practitioners</u> <u>CDE Special Education Overview</u> <u>Head Start Early Childhood Learning & Knowledge Center (ECLKC): Children with Disabilities</u> <u>National Education Association (NEA): A Successful Kindergarten Transition</u>

Children's Books about Kindergarten

<u>Scholastic Books About Starting Kindergarten</u> <u>Head Start Selected Children's Books About Kindergarten</u> <u>Head Start Transition to Kindergarten Selected Children's Books About Kindergarten</u>

Other Resources

Head Start ECLKC: Virtually Transitioning from Head Start to Kindergarten

Ready Freddy Pathways to Kindergarten Success: 2020 School Readiness Calendar



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For more information regarding the quantitative and qualitative data collection, please contact the Los Angeles County Office of Education at (562) 940-1770.





ACKNOWLEDGMENTS

Transitions Workgroup Members (First Edition)

Anita Chu, Superintendent, Garvey School District

Arturo Valdez, Deputy Superintendent, Los Angeles County Office of Education (LACOE)

Avery Seretan, Program Officer, First 5 Los Angeles

Becca Patton, Director, Early Care and Education, First 5 Los Angeles

Betty Zamorano-Pedregon, Director, Head Start Birth to Five, Child Care Resource Center

Claudia Ruiz, Principal, Pomona Unified School District

Colin Legerton, Communications Specialist, LACOE Head Start and Early Learning Division (HSEL)

Daniel Orosco, Project Director, LACOE HSEL

Danielle Mitchell, Director, LACOE Curriculum and Instructional Services

Debra Colman, Director, Office for the Advancement of Early Care and Education, County Department of Public Health

Dow-Jane Pei, Region IX Program Specialist, Office of Head Start Eileen Carrillo Lau, Director, Pomona Unified School District

Elizabeth Arreola, Parent Intern, LACOE HSEL

Jacqueline Lopez, Coordinator III, LACOE HSEL

Jenifer Lipman, Program Manager, LACOE HSEL

Jessie Cuadra, Manager, Head Start Birth to Five, Child Care Resource Center

Kathy Castillo, Kindergarten Teacher, Pomona Unified School District

Katie Fallin Kenyon, Consultant, Kenyon Consulting, LLC

Keesha Woods, Executive Director, LACOE HSEL

Marissa Pacheco, Child Development & Education Consultant, LACOE HSEL

Melissa Cerrato, First Grade Teacher & Former Head Start Teacher, Garvey School District

Micah Ho, Intern, LACOE HSEL

Ricardo Rivera, Director, Early Childhood Education, Baldwin Park Unified School District

Rosa Macias, Early Learning Analyst, LACOE HSEL

Rudy Torres, Director of Education Technology & Innovations, Garvey School District

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Transitions Workgroup Members (Cont.)

Sandra Gonzalez, Director of Child Development, Garvey School District

Sarah Neville-Morgan, Deputy Superintendent, Opportunities for All Branch, California Department of Education

Sardis Rodriguez, Early Learning Analyst, LACOE HSEL

Sheila Twaddell, Head Start Teacher, Pomona Unified School District

Sonja Robinson, Program Manager, LACOE HSEL

Stephanie Myers, Director, Head Start State Collaboration Office, California Department of Education

Susannah Baxendale, Community Representative, LACOE HSEL Policy Council and Parent Teacher Association (PTA)

Whitcomb Hayslip, Consultant, Retired Special Education Administrator

Yolie Flores, Chief Learning Officer, Campaign for Grade-Level Reading & Fellow, Broad Academy

Primary Writers

Keesha Woods, Executive Director, LACOE

Colin Legerton, LACOE

Gabriela Trejo, LACOE

Jacqueline Lopez, LACOE

Jenifer Lipman, Ed.D., LACOE

Katie Fallin Kenyon, Ph.D., Kenyon Consulting, LLC

Marissa Pacheco, LACOE

Rosa Macias, LACOE

Rosalia Jimenez Chavez, LACOE

Rose Mary Jiles, ECE Consultant

Sardis Rodriguez, Ed.D., LACOE

Sonja Robinson, LACOE

Translation

Oscar Carmona, Senior Language Interpreter/Translator, LACOE

Publication

Melissa R. Franklin, Ed.D., Chief Executive Officer, Growth Mindset Communications

Bumpercar, Inc. A Multicultural Advertising + Design Agency

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Debra Duardo, M.S.W., Ed.D., Superintendent

Los Angeles County Board of Education, 2021-22

Betty Forrester, President • James Cross, Vice President • Judy Abdo • Yvonne Chan • R. Michael Dutton • Stanley L. Johnson, Jr. • Monte E. Perez



9300 Imperial Highway Downey, CA 90242-2890 (562)922-6111 | www.lacoe.edu