

# GETTING YOUR KIDS THE BENEFITS THEY NEED

## A GUIDE FOR IMMIGRANT FAMILIES



Food, housing, healthcare – these are **basic human rights** every family should be able to count on. Some kids and their families are not getting the support they need to thrive - and everyone needs a little help sometimes. Make sure you know how to get your kids the benefits they may need. For more information, visit [pifcoalition.org](http://pifcoalition.org).

### MANY BENEFITS AVAILABLE FOR CHILDREN



- The government has made many policies to expand children's access to healthcare, food, housing, and other programs so that kids can get support.
- Even if your immigration status makes you ineligible, **your child or children in your care may be**. You can mark yourself as a “non-applicant” on forms when applying for your kids.

### YOUR IMMIGRATION STATUS WILL NOT BE AFFECTED



- Your child's use of benefits **will never impact** your immigration status. A recent “public charge” rule by the Biden administration makes that clear.
- If you are concerned that benefits programs could cause problems for your immigration status, visit [www.keepyourbenefits.org](http://www.keepyourbenefits.org) to learn more, as well as find a directory of legal services.

### LAWS PROTECT YOUR ACCESS TO CARE



- Your information on benefits applications is **private and protected**. It won't be shared for immigration enforcement
- You have a right to get help in your own language. Ask for an interpreter or language line to make sure you get the best service.

**FIND OUT MORE ABOUT  
BENEFITS PROGRAMS HERE**

### GET HELP TO APPLY FOR BENEFITS

Contact CBO/Navigator group  
Address / Website  
Phone number / hotline

QR Code for easy  
linkage

# FAMILY BENEFITS CHECKLIST

## A GUIDE FOR IMMIGRANT FAMILIES

Everyone needs a little help sometimes. There are programs designed to support families and make sure kids have what they need to thrive. Eligibility for many programs depends on your family's income and the immigration status of the person who is receiving the benefit. Your children who are citizens or have other immigration statuses, including undocumented, may be eligible for programs that can help them grow, learn, and thrive,

This checklist covers just some of the benefits available. Your state may have more! Some states use different names for these programs. None of the programs below will affect your immigration status. Check to see if some of these programs may support your children and family.



### HEALTHCARE

- Medicaid**  
The main government health program for US citizens and green card holders with low incomes. Includes dental coverage.  
<https://www.medicaid.gov/medicaid/eligibility/index.html>
- CHIP**  
A government-sponsored insurance plan for kids. In some states, CHIP also covers pregnant people.  
<https://www.healthcare.gov/medicaid-chip/childrens-health-insurance-program/>
- "Obamacare"**  
Also known as the Affordable Care Act, is a way for people to purchase private insurance at lower costs.  
[www.healthcare.gov](http://www.healthcare.gov)



### HOUSING

- Section 8 Housing**  
Rental assistance program for US citizens and green card holders with low incomes. Families with US Citizen children qualify.  
[https://www.hud.gov/topics/housing\\_choices\\_voucher\\_program\\_section\\_8#hcv03](https://www.hud.gov/topics/housing_choices_voucher_program_section_8#hcv03)
- Public Housing**  
Housing provided by states and cities for low-income US Citizens or permanent residents. Families with US Citizen children qualify.  
[https://www.hud.gov/program\\_offices/public\\_indian\\_housing/pha/contacts](https://www.hud.gov/program_offices/public_indian_housing/pha/contacts)



### FOOD

- SNAP**  
The food stamp program helps US Citizens and green card holders with low or no income buy the food they need.  
<https://www.fns.usda.gov/snap/applicant-recipient>
- WIC**  
A supplemental food program for children ages 0-5 and the pregnant/postpartum parent, regardless of immigration status.  
<https://www.fns.usda.gov/wic/wic-how-apply>
- School Lunches**  
Meals provided in school and daycare settings for low-income students, regardless of immigration status.  
<https://www.usa.gov/school-meals>



### UTILITIES COSTS

- LIHEAP**  
Assistance managing home energy costs, for "qualified" immigrants (a "qualified member of the household").  
<https://www.liheap.org/>
- Internet access programs**  
Up to \$30/month for low-income families to reduce the cost of internet access.  
<https://www.fcc.gov/acp>



### TAX CREDITS

- Child Tax Credit**